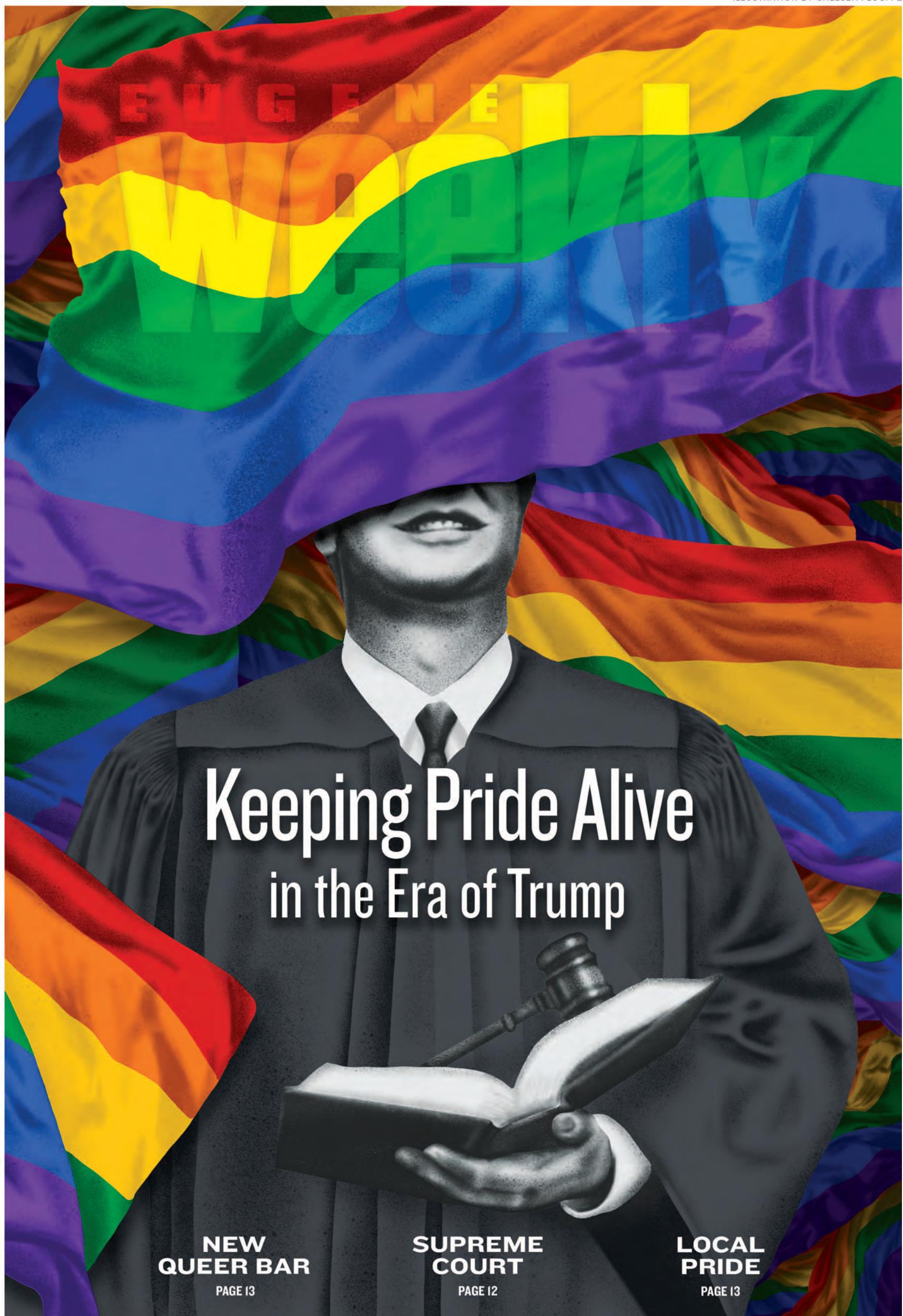


CANNA BEAR PAGE 8 - WILDFIRE PAGE 8 - RIVER WHYLESS PAGE 25

ILLUSTRATION BY CHELSEA PLOUFFE



Keeping Pride Alive in the Era of Trump

NEW
QUEER BAR

PAGE 13

SUPREME
COURT

PAGE 12

LOCAL
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PAGE 13



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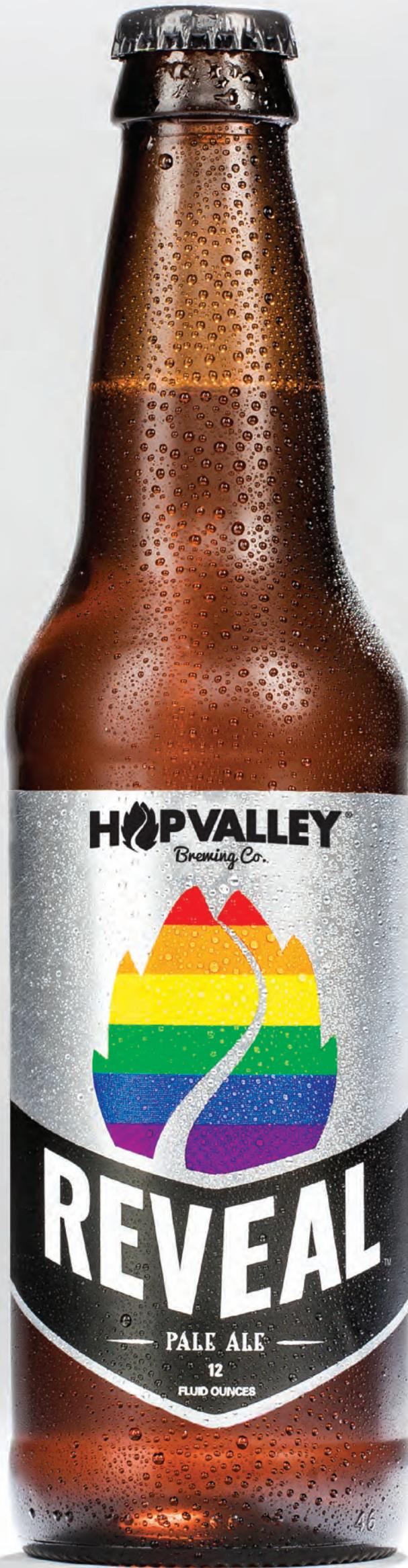
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WHO YOU GONNA BLAME?

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10

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⌚ 5pm to 8:30pm • Park Blocks

A power-trio out of Portland who create their own blend of rock and roll. Imagine the Minutemen, the Police and Band of Gypsies rolled into one. Also enjoy a beverage garden and food trucks.

AUG
16

OKAIDJA AFROSO • PARTY ON THE PLAZA

⌚ 5:30pm to 6:15pm • Hult Center Plaza

Okaidja fuses the deep understanding of his own musical transitions and the inspiration of Africa throughout Latin America.

AUG
17

FRIDAYS AT THE PARK BLOCKS STUDIO WITHOUT WALLS

⌚ 5:30pm to 8pm • Park Blocks

Presented by ArtCity Eugene with support from the Downtown Program Fund. The public is invited to watch art-making and engage with artists as they bring their crafts of painting, printmaking, drawing, sculpting, dance, performance, art installations, music and more to life. Also enjoy a beverage garden and food trucks.

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ILLEGAL SANCTUARY

My compliments to Henry Houston for his piece on Measure 105 ("A Measured Attack On Sanctuary," Aug. 2). I was expecting a one-sided smear assault against the sponsors, such as the Southern Poverty Law Center routinely does against organizations and individuals who don't toe its fringe-left line.

Instead, Houston's article was fairly well-balanced. My main objections are first, that Oregonians For Immigration Reform is not "anti-immigrant." OFIR is anti-illegal immigration. Oregon's far left doesn't distinguish between legal and illegal immigration. Oregon voters — nearly a million of them — showed that they do in 2014 with their thrashing of Measure 88 (driver cards).

Additionally, local law enforcement is not cooperating with Immigration and Customs Enforcement (ICE) as claimed. The result in a Portland case was two women brutally attacked by an illegal alien who was turned loose despite an ICE hold request. We also saw the recent "stand down" of Portland police when a mob "occupied" the Portland ICE headquarters, despite pleas for help.

Measure 105 is about respecting the law, pure and simple, just as Measure 88

was. Oregon's sanctuary policy is in violation of Title 8, U.S. Code, Subsection 1324(a)(1)(A)(iii) — you can look it up.

Oregon citizens and legal immigrants have nothing to fear from M105. It's not a matter of right vs. left; it's a matter of right vs. wrong. Even in this deep blue state voters recognized that in 2014.

We'll see in November if that sentiment still holds true. I will respect the voters' decision, whichever way it goes.

*Jerry Ritter
Springfield*

WAKE UP, ASH-HOLES

In response to a writer from last week who seemed to have a huge problem with outdoor smoking locally (Letters, "Smoke and Mirrors," Aug. 2): Please take all of the energy you are using complaining about something which affects so few, and put it into something like convincing people to use renewable energy, convincing fools that global warming is real and/or get involved in a movement that will effect the lives of many, such as your grandchildren.

In the current world we live in, the Trump administration is tearing apart so many rules and regulations that have kept us all safe. 45 is tearing apart so many things that took all of my lifetime to make

happen, which are, or were, good for us all and the planet.

So rather than complaining, selfishly, that people who have been smoking the whole of their lives, now, shouldn't even be allowed to smoke outside, I say to you and those like you: "Find something that matters to bitch about" or, as stated above, get involved in something that will affect us all, and future generations.

There are plenty of real problems out there to find, and it is true that if you are looking for something to complain about you will find it. This outdoor smoking problem seems to be more of the latter. And this opinion is coming from a 55-year non-smoker.

*Mike Nicholsen
Eugene*

LEVELING THE LETTERS

In the July 26 Slant section, *Eugene Weekly*, rightly so, castigated *The Register-Guard* for having days with no citizens' letters to the editor published.

Though not quite at that level of concern, perhaps a look into *EW*'s own house is in order. In most issues, there are only two pages of citizens' letters, competing with numerous ads. Odd, because letters to the editor always rank high in the yearly reader's poll of favorite things about the

Weekly. The other letters are relegated to the online version with its new, user unfriendly format.

Come on *EW*, the letters are the first thing many of us look for to keep a pulse on what the community is thinking. Do we have to be plugged in to all the tricknology? Also, why is the satirical, political comic "This Modern World" missing on occasion? Googling it, I have seen no reason.

I realize that this free paper exists because of advertising, but shortchanging public opinion only diminishes its value to the commons.

*Scott Fife
Eugene*

Editor's note: We love printing readers' letters and print almost every letter we receive, with preference given to local topics. During elections or when we get a lot of Trump mail, we do put extras online.

DANDY ANDY

Thank you for highlighting Andy Traisman as one of *EW*'s "Happening People" (Aug. 2). His brief bio does not mention it, but he somehow found time to be a wonderful KidSports coach.

We were fortunate to have our son, Chris, on Traisman's teams. As a coach, mentor, teacher and role model for these

VIEWPOINT BY OBLIO STROYMAN

What Pride Means in 2018

A PROTEST AND A CELEBRATION

Pride started to honor a riot at the Stonewall Inn in Greenwich Village, a safer space for queer and trans people, POC, drag queens, sex workers and other LGB folks in a time when it was risky to provide this sanctuary. On June 28, 1969, when NYC police raided the Stonewall Inn, bar patrons and passersby resisted and fought back with trans women of color in the forefront. Thousands rioted in the streets near the Stonewall Inn over the next week. While the Stonewall uprising didn't start the LGBTQIA+ (lesbian, gay, bisexual, transgender, queer, intersex, agender/sexual) rights movement, it was a galvanizing force for LGBTQIA+ political activism, leading to numerous LGBTQIA+ rights organizations.

Today we continue to exist in times where LGBTQIA+ protections are repealed at a federal level, and violence at the hand of racist, transphobic and homophobic perpetrators — both uniformed and civilian — are going largely uninvestigated and without justice served. As Pride approaches its 50th year and the Eugene/Springfield Pride Festival celebrates its 27th year, it is essential to examine what Pride means in 2018: What is the same, and what has changed with the blood, sweat and tears of our rainbow predecessors?

Pride is both a protest and a celebration. The protest is the ongoing fight for our rights and for our very survival. It means giving the microphone and center stage to those who are the most marginalized and showing up in every way we can. It means being visible in our radical identities and self-expression uncompromisingly.

The celebration aspect of Pride is often lost behind a cloud of rainbow consumerism, queer tourism, and drunken debauchery. The true celebration by the LGBTQIA+ people for the LGBTQIA+ people is actually a celebration of resilience, that we continue to persevere in spite of efforts to eradicate and invalidate our existence from hate crimes to denial of health care. The celebration is for us to show up in our most authentic expressions and be revered by our peers for the incredibly unique, strong, vulnerable, and loving humans that we are. The magic is that we live, and love, and come out to find one another again and again in the face of very real threats.

When The Wayward Lamb — the only community queer designated space Eugene had seen in years — opened in 2015, the community surged with hope, excited

about the potential cohesion it might bring to our community. While there are many groups, performers and venues that preceded The Wayward Lamb by sometimes decades, when it closed in 2017, it was a galvanizing force for LGBTQIA+ people and allies to step up and assertively create and/or promote opportunities and spaces that support the LGBTQIA+ community.

This is the spirit of Pride: Creating safer and inclusive spaces where there are none; using radical self expression, theatre, performance, music and visual art for protest and self-empowerment; and disrupting processes and systems that support oppression in all its forms to declare we have had enough.

How can you help show Pride? Start with supporting local nonprofits and resource groups like: Trans*ponder, HIV Alliance, Trans*Parent Support Group, As You Like It: The Pleasure Shop and Eugene Intimate Health Center, Tropical Contemporary, UO LGBTQA3 Alliance, the University of Oregon's LGBT Education and Support Services, Lane Gender and Sexuality Alliance, United Front: Families Resisting and Organizing Nonviolently Together, Minority Voices Theatre, and The Imperial Sovereign Court of the Emerald Empire.

Support LGBTQIA+ performance groups like: The Farce Family, Glamazons and Unveiled: Eugene's Queer Burlesque. Support events like: Monique la Faye's Drag Battle, Cookie's Cabaret, the Slutasia eXXXperience and her Queen Karaoke, Karess Ann Slaughter's Drag Bingo, Danny Noall's Rendezvous, Divas Damsels and Dames, Ladies Who Brunch, Drag Queen Story Time and the OUT/LOUD Queer and Trans Womxn's Performance Fest!

Be sure to also support LGBTQIA+ inclusive venues like: Spectrum, The Drake, Cowfish, Sam Bond's Brewing, The Davis Restaurant and Bar, The Barn Light and businesses with gender inclusive bathrooms, agencies that have pursued training in LGBTQIA+ concerns, and zero tolerance for hatred signs.

The best thing that Eugene/Springfield Pride offers is resources and community. Consider it an invitation to collect resources and make lasting in-person human connections. Embody Pride this year — for the entire year — through actively supporting LGBTQIA+ events, groups, venues, and taking your support away from spaces that discriminate, even in small ways.

*Oblio Stroyman is the executive director of Trans*ponder. Pronouns: they / them / theirs.*

THIS MODERN WORLD

LIFE IN THE STUPID-VERSE

AN ONGOING SERIES WITH NO END IN SIGHT



MOVING THE GOALPOSTS IS A FULL-TIME JOB
THERE WAS NO COLLUSION!
I MEAN, THERE WAS, BUT IT'S NOT A CRIME!
ACTUALLY, COLLUSION WITH RUSSIA IS GOOD.

Vladimir Putin is the REAL AMERICAN PATRIOT!

AS YOU DO UNTO THE LEAST OF THESE
OUR RELIGIOUS LIBERTY TASK FORCE WILL PROTECT THE MOST PERSECUTED PEOPLE IN AMERICA--
-WHITE CONSERVATIVE CHRISTIANS! THEY'RE PRACTICALLY AN ENDANGERED SPECIES!

DON'T TELL THE TRUMP BOYS, THEY MIGHT GO TROPHY HUNTING!

HEH! LITTLE DOWN HOME HUMOR THERE.

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I TRUST INTERNET CONSPIRACY THEORIES ABOUT THE DEEP STATE, HILLARY CLINTON, AND A GLOBAL PEDOPHILIC RING--POSTED BY THE MYSTERIOUS "Q"!

MAKES SENSE TO ME!

#MAGA

OUR FINEST LEGAL MINDS

BRETT KAVANAUGH WILL OVERTURN ROE AND THINKS THE PRESIDENT IS ABOVE THE LAW--

WELL, WHO ARE YOU GOING TO TRUST--DONALD TRUMP, OR YOUR OWN LYING MEMORY?

HE ONCE GOT MY KID A CLERKSHIP!

CASE CLOSED! AS WE ELITE LEGAL PROFESSIONALS SAY.

CHILL OUT, SNOWFLAKES!

EVERYTHING IS AWESOME

SARAH, DOES THE PRESIDENT REALLY BELIEVE THE MEDIA ARE THE ENEMY OF THE PEOPLE?

--BUT THE IMPORTANT THING IS, HE'S A FELLOW IVY LEAGUER!

HE BELIEVES YOU SHOULD ALL BE SHOT ON SIGHT!

BUT THAT IS JUST HIS OPINION!

NEXT: MORE, MORE, MORE OF THE SAME, EXCEPT WORSE

young boys, he was extraordinary. I will always be grateful to him for helping my son become the person that he is now.

Bob Warren
Eugene

GREENHOUSE GASLIGHTING?

Last week's letter by Northwest Natural Gas (EW, 7/26) misses several points and leads readers astray. Everyone agrees: affordable heating is crucial, and cooling is becoming more important as climate change produces hotter, longer summers.

Jon Kloor ignores these facts: EWEB provides heating to many more customers than does NWN gas, and has financial assistance programs for residents in need.

A huge factor omitted in NWN's calculus is the "externalized" costs of its greenhouse gas emissions — negative social and financial consequences of climate change, like health problems, agricultural losses, and more floods and fires.

Renewable natural gas (biogas) systems from agricultural, wastewater or landfill

sources might be brought online in the future. But NWN has proposed no replacement scenarios projecting carbon savings over time. Even if all waste resources were optimized, biogas would replace only a fraction of current supply. The "30 percent carbon savings by 2035" goal is a tiny contribution to what's necessary to adequately address current GHG emissions.

Most important for Eugene's Climate Action Plan is the data concerning NWN emissions right here at home. In 2015, natural gas used by NWN's 30,000 customers produced 243,000 metric tons of CO₂, as compared to 30,000 metric tons produced by EWEB's 86,000 customers — that's eight times more, produced by fewer than half as many customers (2016 Eugene Community GHG Inventory).

We share NWN's goal of a renewable-energy future, and we respect their right to engage in a profit-making business — but not at the expense of Eugene's residents.

Linda Heyl
350 Eugene

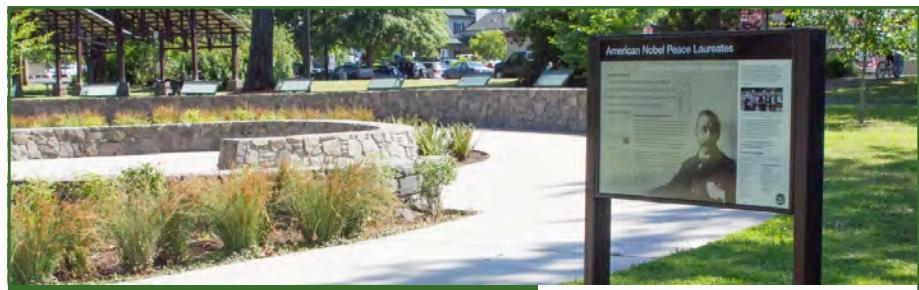
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by TOM TOMORROW



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BY MEERAH POWELL

SPIRITUAL LEARNING

A top spiritual leader in Tibetan Buddhism comes to Eugene

It's been five years now since the Dalai Lama visited Eugene. This weekend, Eugene will be host to another Tibetan spiritual leader — His Holiness the Sakya Trichen. Like the Dalai Lama, the Sakya Trichen (also spelled as Sakya Trizin) comes to Eugene through the Palmo Center, a local center focused on peace and education.

The Sakya Trichen will be in Eugene Saturday, Aug. 11, and Sunday, Aug. 12, for three events over the weekend.

"Everyone is longing for happiness and wants to avoid suffering," the Sakya Trichen tells *EW* via email. "It is quite clear that outer material progress alone could not accomplish the peace and happiness we are seeking; therefore, it has to be balance with inner training of the heart and mind."

He adds: "With this two together, I think we can certainly make this world more peaceful, harmonious and a happier place to live."

The particular Sakya Trichen visiting Eugene is the 41st in a long lineage of spiritual leaders. He retired in 2017, passing the title to his son. As the Dalai Lama is the manifestation of the Buddha's compassion, the Sakya Trichen is the manifestation of the Buddha's wisdom, according to the Sakya Trichen's website.

Tulku Jigme Rinpoche is the co-founder and director of the Palmo Center. He says he's known the Sakya Trichen his whole life and refers to him as a "champion of peace."

"He's a scholar, author, humanitarian," Rinpoche says. "He's established and founded over 30 hospitals, schools, universities and thereby serves and benefits many people in the world, so it's really no exaggeration to say that he has transformed the lives of millions."

"His Holiness the Dalai Lama refers to Sakya Trichen as 'The king of yogis,'" Rinpoche says. But not a yogi in the Western interpretation of child's poses and downward facing dogs, he explains.

"The real meaning of the word yogi comes from a Tibetan word 'naljor,'" Rinpoche says. "'Nal' means natural, being natural; 'jor' means wealth or richness, so we're talking about a richness or a wealth of being natural."

During his two-day visit to Eugene, the Sakya Trichen will give in-depth lectures on "Medicine Buddha Empowerment & Teachings," "Freedom from Four

THE 41ST SAKYA TRICHEN



Attachments" and a more general public talk, "Finding Peace in A Complex World."

All of these events, Rinpoche says, are about the idea of releasing ourselves from negative emotions and situations like ignorance, self-degradation, jealousy and anger and finding the power within ourselves to live peacefully.

Medicine Buddha Empowerment is an all-day event 10 am to 4 pm Saturday, Aug. 11. Rinpoche says it's about "the discovery of our true nature."

"So it is being empowered to receive something, not from outside but something that's already within that has gone unrecognized," he says. "So it's about activating that recognition, that's what is meant by the word empowerment."

That event takes place at the Downtown Athletic Club and costs \$100.

The Sakya Trichen's talk on Freedom from Four Attachments is 10 am to noon Sunday, Aug. 12. It also takes place at the Downtown Athletic Club and is \$50.

The freedom from the four attachments is a well-known teaching in Buddhism and focuses on freeing oneself from a variety of attachments — physical, emotional or intellectual.

"This freedom from the four attachments really goes to the root of why we suffer. So he'll be addressing how to unhook ourselves from that," Rinpoche says.

Finally, the Sakya Trichen's public talk will take place 7-8:30 pm also on Sunday, Aug. 12. It will be in the Ragozzino Performance Hall on Lane Community College's main campus. Tickets are \$20. It will be a general talk on finding peace within oneself and in the world.

Rinpoche says the public talk will be the best event for the general public, but, "all the events are open and anyone with or without belief can come and explore because Buddhism is not necessarily a religion. It's more a science of mind. It's about understanding the nature of mind; the function of mind."

He stresses that this is a very special event for Eugene.

"I think it's very great that we have this opportunity because in Tibet people would walk weeks and months to be in his presence and here he's coming to our doorstep," Rinpoche says. "There are many great teachers, philosophers and scholars but there are very few that actually walk the walk and talk the talk, who actually embody it, and he's one of them." ■

SLANT

• You asked for it; you got it. **Our online calendar listings are back as a list for your browsing pleasure.** Find them at eugeneweekly.com (along with that other calendar you all apparently don't like so much).

• Sister Helen Prejean, a frequent visitor to Eugene and the University of Oregon, must be thrilled with Pope Francis' decree that the **death penalty is "inadmissible" in all cases**. A leading American advocate for getting rid of the death penalty, Prejean became famous after her 1993 book about being a spiritual advisor to men on death row was made into the movie *Dead Man Walking*. Now it will be fascinating to see what politicians do with the pope's decision. Thirty-one states allow the death penalty, including Oregon, though we have not used

it since 1997. Pope Francis and Sister Helen Prejean are right. The death penalty should be abolished.

• Our new favorite bumper-sticker is "**Hurry Up, Mueller**" — and we still like the old one from the Cottage Grove Blackberry Pie Society, "Bring Back Facts."

• On Aug. 5, the entire *New York Times Magazine* carried Nathaniel Rich's article, "Losing Earth," about the decade from 1979 to 1989 when, as the editor's note put it, "**humankind first came to a broad understanding of the causes and dangers of climate change**." It is exciting that the *NYT* is giving this dire subject this attention, but many of the insiders struggling to combat climate change are not so thrilled. Naomi Klein already has written that Rich does not lay enough blame on raw capitalism. Others have said that Big Oil is ecstatic because Rich is so easy on them. The article and backlash bring us back to Our Children's Trust case on climate change to be argued in Eugene in late October. It's a long fight we cannot lose.

• **Sponsors, Eugene's inspiring transitional program for ex-prisoners**, is diving into another ambitious project. Called the Tiny Homes Project, it will create ten tiny homes "designed to be compact, simple and minimal" designed by Nir Pearlson Architect. Steve Christiansen is the new chair of the Sponsors executive board, succeeding Margaret Hallock. Somehow, these houses will happen on his watch in the best tradition of Sponsors.

• We love those little **corners of Lane County filled with unexpected pleasures**. You don't expect a shopping plaza in Pleasant Hill, whose main draw as you drive down Highway 58 seems to be a Dari Mart, to be a mecca of good eats. But between Hilltop Bar and Grill and Cioppino House for dinner, Sunrise Café for breakfast and the coffee box newly owned by Creswell Coffee for caffeine, you are in for culinary happiness. What other corners of the county should we know about?

BETTER DEAD THAN GONE

Rep. Walden pushes for dead tree removal and replanting

The state of Oregon currently faces 14 fires, affecting nearly 180,000 acres, according to the National Interagency Fire Center. When the fire season is over, some of what's left is dead, burned trees.

But what happens to those burned trees?

Eastern Oregon Rep. Greg Walden is urging the U.S. Senate to adopt the House's version of the 2018 Farm Bill, which would remove burned, dead trees from public lands "while they still have value and replant" forest — just like private timberlands do.

It's common sense, Walden says, in an email newsletter to constituents.

That's a problematic strategy, according to Dominick DellaSala, president and chief scientist at Geos Institute in Ashland.

He and two other colleagues worked on a paper that was published in a peer-reviewed journal in 2016. The article examined 1,500 fires from 1984 to 2014. The data suggest that areas with the most logging actually had the highest fire severity. In other words, forest fires were more likely to happen where logging occurred — such as on private lands.

Burned trees and dead trees play an important role for the ecosystem, he says, providing shade for future trees and supporting the biology around it.

DellaSala also says that Walden is trying to allow timber companies to cut down mature, more fire-resistant trees that didn't burn when cleaning up burned trees.

Previously, Walden tried to do something similar, though on a smaller scale. He introduced the Scenic Columbia Gorge Restoration Act in 2017 after the Eagle Creek Fire.

The real tragedy, DellaSala says, wasn't the fire — because it was going to play an important role in the rebirth of the area. It was Walden's attempt to clear out the burned trees.

Walden's bill didn't get traction in the legislative process.

Nick Cady, legal director at Cascadia Wildlands, says part of the reason that there is fire severity in the Pacific Northwest is due to private tree farms, which Walden says is the model to follow.

Logging on private lands in western Oregon is typically followed by replanting with the maximum number of trees. Timber companies typically replant 600 to 800 trees per acre — five times more than a natural forest, Cady says.

Most of the bigger fires Oregon has seen have been around these private plantations, Cady adds.

The elephant in the room, DellaSala adds, is climate change — and it's something Walden doesn't acknowledge in his letter to the U.S. Senate. In fact, the League of Conservation Voters, an environmental group, rates Walden as a legislator with a poor climate change voting record.

No matter how good policy is when it comes to managing forestland, the ever-changing climate will continue to spark forest fires. In addition, post-fire logging adds carbon dioxide, which contributes to climate change. Both Cady and DellaSala agree that, as summers get drier and hotter, climate change will be a constant that will make wildfires a reality.

Forests do come back if we let them, DellaSala says. But logging while trees "still have value," as Walden mentioned, will make things worse.

Eugene Weekly requested comment from Walden, but his staff did not respond. In his 2018 campaign, he has received \$48,330 so far in contributions from forestry and forest product companies, according to OpenSecrets, a nonpartisan group that tracks money in U.S. politics. ■



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NEWS BY TAYLOR PERSE



PHOTO COURTESY WILDLIFE SAFARI

OSO HIGH

Grizzly bear at Wildlife Safari pioneers CBD treatment

Oso the grizzly bear sees his trainer Sarah Roy and wanders up to the fence of his enclosure at Wildlife Safari in Winston. His roommate, a grizzly named Mak, joins him, and together they wait patiently for Roy to deliver a treat.

A year ago, before his cannabidiol — CBD — treatment, Oso wouldn't have even made it to the fence.

"We started noticing that Oso's gait and the way he carried himself were incorrect," Roy says. She thought hibernation would help his stiffness and joint pain. "When he woke up this spring, his hips had not improved at all, and he had actually gotten worse."

Roy is the carnivore supervisor at the park and has been with Wildlife Safari for 14 years. She oversees care for the bears, lions, cheetahs and tigers.

"I was here the day Mak and Oso arrived at the park 10 years ago and have been with them ever since, so it's really easy for us to see changes," she says.

After observing Oso's worsened condition, Wildlife Safari began looking for a solution. They tried a variety of pain medication, including arthritic meds and supplements. But Oso's condition wasn't improving.

"We were worried to the point where his quality of life wasn't really where it needed to be anymore," Roy says.

Then, Roy found Treatables — a company that designs hemp-based products for helping animals who struggle with joint pain or anxiety. "I didn't really know anything about it," Roy says. "I mean I did as much research as I could in a short amount of time." She ran it by Oso's vets, who approved CBD treatment as a final effort to save Oso.

"Oso the bear is the first time we have heard of a bear trying our product," says Julianna Carella, Treatables CEO. Their products have been used on a range of animals from dogs and cats to horses, but using a hemp-based product for a bear is new territory.

Treatables began in 2008 by producing cannabis products for humans. People began asking if there was a way to treat their pets with cannabis, Carella says, but the THC levels were dangerous to pets.

So the company developed a cannabinoid product that was suitable for animals. Treatables medication is derived from the hemp plant, so it contains a non-toxic, minimal amount of THC. Treatables do not have a psychoactive element, making it safe for pets.

After a few weeks of treatment, Oso's condition began to improve drastically.

"It's literally like we are seeing old Oso again," Roy says. "We're seeing a whole different bear than we've been seeing the past year."

Roy throws a few apples into Oso and Mak's pond, and the 13-year-old bears lumber off towards the water and begin swimming, an activity Oso could not do before treatment.

Now, he receives 225 mg of Treatables CBD capsules a day. Oso gets his dose by covering the medication in peanut butter.

Both Roy and Carella hope this story encourages future use CBD as treatment for animals with chronic pain.

"In the case of the bear he was a fantastic example of giving medicine and seeing results," Carella says. "That can be a huge eye-opener and a game changer for people who have a strong stigma against cannabis."

Despite Oso's improved condition, Roy says she was nervous about how people would react, given the stigma behind using hemp products.

"We have not had any bad feedback about this," she says. "The community has been so excited."

Sadly, Roy knows that this is not a permanent solution for Oso's joint pain. Although he is young, there may come a time when treatment no longer helps. For now, Oso will continue to live his life surrounded by the carloads of people who drive by Wildlife Safari to see him each day. ■

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NEW HISTORY FOR FUTURE GENERATIONS

Lesbian Oral History documents gay women in Eugene BY MICHAEL TOBIN



JUDITH RAISKIN (LEFT) AND LINDA LONG COLLECT THE STORIES OF THE LOCAL LESBIAN COMMUNITY

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In the basement of the Knight Library at the University of Oregon, the knowledge and history of Eugene's lesbian community is being retold and archived for generations to come.

Linda Long and Judith Raiskin coordinate the Lesbian Oral History Project at the UO, which seeks to document the history of lesbians who lived in Eugene from the '60s to early '90s. The two friends make a dynamic duo. Long brings her skills as a manuscripts librarian, and Raiskin brings her knowledge as a women's, gender and sexuality professor.

Both realized the importance of documenting the history of the lesbian community, and Long thought it would be "great to capture their stories about what being in the lesbian community meant."

Raiskin says that recently, while attending a funeral for a woman who lived in one of Oregon's lesbian communities, she noticed the photo albums mourners brought to remember their loved one.

"We need to preserve these photo albums and talk to these people about their history," Raiskin says. "I thought, we needed to preserve their history ... If that history is not preserved, then it's like it never happened."

The format of sharing a story is straightforward. Long and Raiskin sit with the storyteller for an hour and a half to two hours and record their conversation on a video camera. In addition to the videos, the pair also collect primary source documents like diaries. The pair say they do two interviews a day, and the interviewees are passionate about sharing their experiences.

Raiskin says there have been a number of oral history projects in the past they have taken pointers from, and Long and Raiskin's project isn't the only collection in the UO archives about the LGBTQ community. The UO also houses the Southern Oregon Country Lesbian Archival Project (SOCLAP), which features the foundational documents of Oregon's separatist lesbian collectives in southern Oregon.

According to the UO Knight Library website, the SO-

CLAP archives tell the story of a time in which women who migrated to Oregon "wanted to create separatist land where women could live together safely and respectfully, creating art and ritual that consciously rejected the trappings of a patriarchal society." You can also find the Gay and Lesbian Archives of the Pacific Northwest Oral Histories online at the Oregon Historical Society.

When it comes to the lesbian oral histories in Lane County, Long says, "Every single story moves us. We're prepared for our interviews. We have the interviewee sit down at a table. Next to the table we have a glass of water and we have a box of Kleenex if they need them."

"But Judith and I have found that we need the Kleenex," Long notes. "There are deeply profound stories of coming out, or of microaggressions and macroaggressions."

The project had its first orientation for those who wish to participate on June 9, and Raiskin says that 45 people attended. Initially, Raiskin and Long believed that they would wrap up the project over the summer, but it became clear to them that more lesbians wanted to share their stories. People from outside Oregon were contacting them wanting to participate. Long and Raiskin intended to interview 40 to 50 people this summer, but their list has grown to almost 140 women.

"Going into this project, we weren't clued into how important this was to the women and we're affirming how important it is," Long says. "We're talking to people who identified as lesbians and are not lesbians now; we're hoping that people who were at that time in those years are hoping to share that history with us."

One of the almost 140 women whom Long and Raiskin will interview is Sally Sheklow, whose "Living Out" column ran in EW for 17 years. Sheklow says she came to Eugene from Palo Alto, Calif., in 1972 and then came out as a lesbian in 1973. She recalls when the lesbian community in Eugene filled roles that society traditionally associated with men. "At one time I was on a lesbian softball team and working in a feminist collective, training in martial arts that was taught by lesbian instructors. I went to a les-

bian bookstore, I took my car to a lesbian mechanic and I went to a lesbian chiropractor. We had quite a network, and that was all in Eugene."

Sheklow says she hopes that the community will continue for generations and continue to support its members. "My hope is that the community that we built continues to sustain us and can be a model for people who are struggling to find meaning and their place and a way to be effective in the means of humanity, history and society."

"We were at one time illegal," Sheklow says. "With humor and culture and working together with connection we can make a difference and change the course of things."

The interviewees are in their mid-60s to early 70s, but the Long and Raiskin also plan on interviewing individuals who are in their 80s.

Raiskin says that the interviews bring out candid and reflective storytelling, even when the interviewee is telling a story about periods of conflict and division within the lesbian community.

"I love listening to stories and everyone has been so eloquent and self-reflective and honest, even when they talk about conflict within the communities," Raiskin says. "It's amazing to me how clear people are."

Given the project's popularity, Long and Raiskin held a second orientation Aug. 5. The ultimate goal of the project is for the interviews to be transcribed and the videos can be used by documentary-makers if the need arises in the future.

The pair says that they have received support from the library, and UO's Center for the Study of Women in Society has contributed \$1,540 in grant money to support the lesbian oral history project. Long also was awarded a \$5,000 fellowship from the UO Libraries, but the women are applying for grants to fund the transcribing portion of their project as well. "We're supportive and grateful of the opportunity to preserve this history," Raiskin says. "Special collections already has lesbian collections that this history ties into, and it's nice coming together."

The Lesbian Oral History Project is an ongoing project. Contact Linda Long (llong@uoregon.edu) for more information.



PHOTOS BY TODD COOPER

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TRUMPING THE SUPREMES

President's second Supreme Court pick could impact LGBTQ issues

BY HENRY HOUSTON

As a presidential candidate, Donald Trump worked an audience like an orchestral conductor. With a stroke of the hand he summoned chants of "ten feet higher," "lock her up" or just a round of boos for the media.

So when he paraded around the stage carrying a wrinkled rainbow flag with "LGBT for TRUMP" scrawled onto it in 2016, it went off like the final cannons from Pyotr Tchaikovsky's "1812 Overture" — a masterpiece celebrating Russia's defeat of Napoleon's invasion. Trump's supporters used the antics to roar on about how Hillary Clinton was really the bigot because she supports countries that persecute members of the LGBTQ community.

His LGBTQ flag antics are gone from our national memory. Now Trump will leave a lasting signature on the makeup of the Supreme Court: a conservative majority that could have an effect on LGBTQ rights.

The direction of the court in terms of overturning recent precedent (*Janus v. AFSCME*) is what concerns Emily Farrell, an attorney and president-elect of the board of directors for HIV Alliance, a local nonprofit.

Although she says it's more difficult to justify taking away a right afforded to people, a more direct approach the conservative-leaning Supreme Court might take is redefining which spousal benefits same-sex couples can have.

Trump nominated Brett Kavanaugh on July 9 and he will likely be appointed soon. He has a positive reputation with conservative groups, including the Oregon Republican Party.

"If confirmed, he pledges to serve with an open mind, while striving to faithfully apply the Constitution of the

United States, as written," Oregon Republican Party Chairman Bill Currier said in a statement.

But the American Civil Liberties Union issued a statement after Trump announced his appointment, requesting that senators ask whether Kavanaugh agrees that constitutional law evolves with time, as apparent with segregation, sex discrimination and marriage equality.

So it's unclear whether Kavanaugh will agree with Anthony Kennedy — whose vacancy he'll fill — when it comes to LGBTQ issues.

Kennedy, nominated by President Ronald Reagan in 1988, was the swing vote in *Obergefell v. Hodges*, which legalized same-sex marriage in the U.S. in 2015. He wrote the opinion of the court, writing that marriage "embodies the highest ideals of love" and the case asked for "equal dignity in the eyes of the law."

Kavanaugh has caught the eye of a nonprofit called the Judicial Crisis Network (JCN), which, in 2016, contributed \$1 million to the National Rifle Association and \$500,000 to CatholicVote, a conservative group that opposes same-sex marriage. JCN also threw \$4.5 million into an ad airing in five states that tells Democratic lawmakers to stand with their constituents and not with "radical liberals."

Sure, 61 percent of Americans — and 67 percent of Oregonians — favor marriage equality, according to a poll conducted in 2017 by the Public Religion Research Institute, a nonpartisan organization. However, one national group disapproves: 51 percent of Republicans.

Although the Republican Party maintains the minority in marriage equality opposition, the party currently runs the legislative and executive branches of government — and they appointed the majority of the Supreme Court.

The Supreme Court will see cases with LGBTQ issues interacting with religious freedom. In *Masterpiece Cake v. Colorado Civil Rights Commission*, SCOTUS ruled that the cake shop owner, Jack Phillips, had his free speech rights violated because he didn't get a fair, neutral hearing on his complaint, maintaining that the civil rights commission exercised a hostility to religion during his case.

As a result, the ruling could open the door to similar

issues, Farrell says.

And now the Trump administration has a new religious liberty justice league. Attorney General Jeff Sessions' remarks when announcing the formation of the Religious Liberty Task Force sounded like it's more interested in protecting Christianity than any other religion.

"We've seen nuns ordered to buy contraceptives," Sessions said at the July 30 press conference. "In substance, [Trump] said he respected people of faith and he promised to protect them in the free exercise of their faith. He declared we would say 'Merry Christmas' again."

Sessions was also proud of Phillips, who "bravely" defended his business when asked to bake a cake for a gay wedding.

Farrell says another outcome of a conservative majority Supreme Court could be undoing protections set in place by the Affordable Care Act.

"Walking back those protections has the potential to disproportionately impact individuals living with HIV and AIDS," she says in an email to *Eugene Weekly*. "This also has the potential to impact transgender individuals' ability to access health care and medical treatment."

During Sen. Ron Wyden's July tour through Oregon, he told *EW* the Affordable Care Act would return to the Supreme Court soon. The vacancy will be a referendum on whether the U.S. will "go backward on health care."

The Trump administration refused to defend it in court against 20 Republican-led states. This case, Wyden says, will most likely make its way up to the Supreme Court, and the next justice could be the deciding vote.

Wyden adds that Senate Majority Leader Mitch McConnell has a double standard when appointing a Supreme Court justice. Citing the "Biden Rule," McConnell refused to appoint former President Barack Obama's nominee, Merrick Garland, because the election should dictate which party makes the decision.

So Trump got his nomination with Neil Gorsuch's appointment. More than a year later, Kavanaugh could be the second Trump pick to don robes.

However, Wyden says, a second Trump appointment "could turn back the clock" on basic freedom issues.▪

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SONJA LOFTON (LEFT)
AND HELEN SHEPARD
TEAM UP FOR A NEW
LGBTQ SPACE IN
EUGENE

A LIGHT IN THE DARK

A new queer venue called Spectrum will fill in the gap left by the Wayward Lamb

BY MEERAH POWELL

PHOTO BY TODD COOPER

Bill Sullivan has been living in Eugene for the past 40 years, and he has been an organizer of, and participant in, local LGBTQ+ events for most of that time.

Throughout those years, Sullivan has seen a multitude of gay bars open and close, including old favorites like Neighbors, Cassady's Tavern and, most recently, the Wayward Lamb — a venue where Sullivan and his drag troupe, The Glamazons, regularly performed.

The Lamb closed in February of this year.

Luckily for Sullivan and others in the community, a new venue called Spectrum is set to open up in the same downtown space formerly occupied by Wayward Lamb, and it will have a temporary opening during this upcoming Pride weekend.

Sullivan, who is also president of the Eugene/Springfield Pride Festival, says he's excited to see another LGBTQ space open, even though he's seen so many shutter in the past.

"I've seen every bar we've had close," Sullivan says.

"Those of us who have been around for so long, I hate to say we're accustomed to it."

He says of Spectrum: "I'm excited. Any new bar that opens, we'll support."

Helen Shepard is the owner of Spectrum and uses they/them pronouns. They say they've felt that community support fully. Shepard and Spectrum manager Sonja Lofton say they've received encouraging Facebook messages, as well as from people walking by the space downtown, excited for its opening.

Shepard grew up in Eugene and is a part of the queer burlesque troupe Unveiled, which regularly performed at the Wayward Lamb. When the Lamb closed, Shepard says they were inspired to open Spectrum.

"I want the queer community to continue to have a home," they say.

Sullivan says that, although events in Eugene can still happen without a gay bar, having a specifically LGBTQ space as a home base is crucial.

"Events can thrive. It's just a different kind of thriv-

ing," Sullivan says. "There's still part of our community that doesn't feel comfortable going into a place that's 'gay-friendly' but not an actual gay bar."

Shepard says Spectrum will be more than just a gay bar. "I want it to be a place for the queer community to organize," they explain.

Shepard and Lofton say Spectrum will be a bar, but will also have all-ages events and opportunities. They're hoping to be open throughout the day and to serve food and coffee, have a space for people to do work and have a computer for people to use.

They also plan to provide information on different resources available to the LGBTQ community.

"I would hesitate to call it a resource center," Lofton says. "But we can try to point you in the right direction."

Shepard says a longtime dream for the space would be for it to someday become a nonprofit. "I would love for it to be an actual resource center — moving into more of the community social aspects of it," Shepard says.

For now the venue will host community-organizing events and a variety of other events like those formerly held at Wayward Lamb and more.

Sullivan says he's excited for Glamazons to potentially perform at Spectrum, something Shepard says they're also looking forward to. "We would love to have Glamazons and other drag performances," they say, "as well as all-ages and variety performances."

Shepard notes that they specifically want Spectrum to feel like a safe space for queer people. "I grew up Mormon and I think my culture, and our American culture at large, is very shame-based," Shepard says. "One of the most beautiful things that is inherently queer is a refusal of shame."

They continue: "I am really hoping to foster an environment of unconditional love and acceptance."

Spectrum is still going through renovations and Shepard and Lofton say they hope to see it fully open sometime in September.

The venue will be having a soft opening of sorts for Pride Weekend and will be hosting events from Thursday to Sunday, including gender inclusive dance parties, a burlesque performance by Unveiled, drag performances, music from DJs and other pop-up performances. ▀

Spectrum will occupy the former space of the Wayward Lamb, 150 W. Broadway. Visit Spectrum's Facebook page for more information.

EUGENE PRIDE EVENTS ROUNDUP

2018 brings new official and unofficial Pride events to Eugene!

BY TAYLOR GRIGGS

The Eugene/Springfield Pride Festival is held each August partly so that it doesn't have to compete with other celebrations in bigger cities on the West Coast, which hold their Pride events in June. But Eugene puts on a fun-filled Pride of its own, and this year will be no different, from the official Pride activities to other local events.

At Eugene's Pride, which is Aug. 11, you will find a family friendly event with a lot of local ties and vendors. "We can call it a Eugene celebration," says Vincent Mays, Pride vice president. "We can make it local; we can tailor it to how we want to do it."

According to Mays and Bill Sullivan, Pride president, this year's local sponsors include Hop Valley, Off the Waffle and Cornbread Cafe. Last summer, Hop Valley released a beer to support LGBTQ organizations, and Sullivan says the brewery has other Pride-themed merchandise available all year.

Sullivan and Mays say the Pride festival will be different this year because there will be a live broadcast from local radio station Star FM 102.3 with interviews from local politicians. This year will also be the first time that the



festival puts out official merchandise for festival-goers to purchase, the profits from which will go to a scholarship fund for LGBTQ youth.

Sullivan and Mays say that there will be more music this year than in years past. They also say that there will be a "queer yoga" event to start off the day, as well as a bike valet throughout the day.

"What's more Eugene than queer yoga?" Mays asks.

Along with official, sanctioned Pride events, there are

some local businesses that will be in on the action and host unofficial events in conjunction with the celebration.

On Friday night before the festival, Blairally Vintage Arcade will host a pre-Pride block party along with local non-profit activist groups Trans*Ponder and the Imperial Sovereign Court of the Emerald Empire (ISCEE). The event will be open to all ages until 9 pm.

Cowfish bar will host the unofficial "official" Pride after-party. According to bar owner Shawn DiFiore, Cowfish Cafe & Club has been hosting the after-party for years. This year during Pride weekend, frequent Cowfish drag performers Glamazons and Cookie Glaciers will be performing.

"Even though we're not a gay bar, we wanted to create a space where people felt free to be themselves," DiFiore says. "We've always been very pro-people, we love all people."

In addition to the Pride events, a new LGBTQ bar in town, Spectrum, will be celebrating its grand opening, see our story this issue. ▀

Pride takes place from 12-6 pm Saturday, Aug. 11 at Alton Baker Park. More information can be found at eugene-pride.org. More information about events happening at Cowfish and Blairally can be found on their Facebook pages. Pride is FREE with a \$5 suggested donation.



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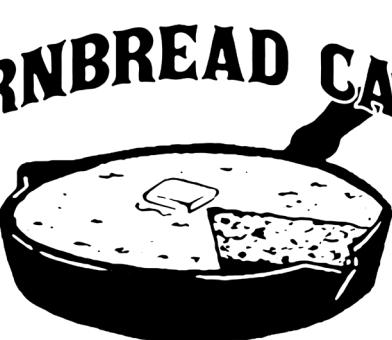


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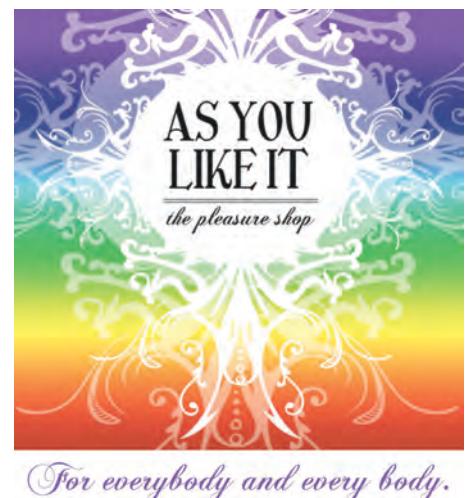
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WHAT'S HAPPENING



Hear ye, hear ye. The Society for the Legitimization of the Ubiquitous Gastropod (SLUG) announces the need for a new "raining" SLUG queen. The festivities kick off at 6 pm Friday, Aug. 10, with music by The One More Time Band. At 6:30 pm, the competition and coronation begins. The competition has three parts. First, each contestant will demonstrate their creativity by creating an imaginative slug outfit. Then the contestant will put on a public performance of a humorous or captivating talent. Lastly, each contestant must answer a single, local-specific question with wit and improvisation. Old queens and celebrity judges will judge each contestant. This year, celebrity judges are Jenette Kime (EUG parade co-coordinator) and YMCA Director Brian Steffen. Of course, each SLUG contestant is encouraged to bribe the judges. The **36th Annual SLUG Queen Coronation** runs 6 to 8 pm Friday, Aug. 10, at the Parks Block Stage (8th Avenue and Oak Street). The society declares that for maximum comfort to bring your own chair. FREE. — *Henry Houston*

THURSDAY AUGUST 9

SUNRISE 6:09AM; SUNSET 8:25PM
AVG. HIGH 83; AVG. LOW 51

ART/CRAFT Jerry Ross' Courbet's Tent, 790 Willamette St. FREE

BENEFIT Pints Gone Wild!, 6-7:30pm, Ninkasi Tasting Room, 272 Van Buren St. FREE

FARMERS MARKETS Amazon Farmers Market, 11am-4pm, Amazon Community Ctr, 2700 Hilyard St. FREE

The Corner Market, fresh local produce, noon-6pm today, tomorrow & Thursday, Aug. 16 & Saturday 10am-4pm, 295 River Rd., 541-513-4527. FREE

Riverbend Produce Stand, 2-6pm, Riverbend Hospital, 3333 Riverbend Dr., Spfd. FREE

South Valley Farmers Market, 4-7pm, 7th & Main St., Cottage Grove. FREE

FOOD/DRINK 2nd Annual Mule Fest, 7pm, Tap & Growler, 207 E. Styh Ave. FREE

GATHERINGS Overeaters Anonymous, on summer hiatus until Sept. 22, 7-8am today, Tuesday & Thursday, First Christian Church, 1166 Oak St. oeugene.org. FREE or don.

Coworking Celebrations!, 10am-2pm, Eugene Mindworks, 207 E. 5th Ave. FREE

NAMI Lane County Friendship Group, 10am-noon, Jack Sprats, 510 E. Main St., Cottage Grove. FREE

Healing Through Discussion Support Group, 10:30am-noon Thursday & Tuesday, Trauma Healing Project, 1110 Charnelton St. \$5.

Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, Aug. 16, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg., 99 E. Broadway Ave., 541-485-1182. FREE

The Lost Art of Good Conversation, 6:30-8pm, Open Sky Shambhala Ctr., 783 Grant St. \$10.

Hearing Voices & Extreme States Discussion/Support Group, 1pm, Lane Independent Living Alliance, 20 E. 13th Ave. FREE

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, Aug. 16, 2411 Martin Luther King Jr. Blvd. FREE

NAMI Mindfulness Group, 4-5pm today & Thursday, Aug. 9, NAMI Resource Ctr., 2411 Martin Luther King Blvd., 541-520-3096. FREE

Men's Meet Up, for survivors of sexual assault, self-identified men 18+, 4:30-6pm today & Thursday, Aug. 16, SASS, 591 W. 19th Ave. FREE

Board Game Night, 6-11pm today, Tuesday & Thursday, Aug. 9, Funagain Games, 1280 Willamette St. FREE

Lane County NAMI LGBTQIA+ Connection Group, 6-7:30pm today & Thursday, Aug. 16, HIV Alliance, 1195A City View St. FREE

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, Aug. 16, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE

Know Nukes, 7-9pm, Eugene Public Library, 100 W. 10th Ave. FREE

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 7-8pm today & Thursday, Aug. 16, Unitarian Universalist Church, 1685 W. 13th Ave., 541-953-5119. FREE

NAMI Lane County's Family to Family Support Group, reserved for graduates of the NAMI Family to Family class, 7-8:30pm, NAMI Resource Ctr., 2411 MLK Jr. Blvd. FREE

HEALTH Tai Chi in the Park Blocks, 8:30am-9:30am today, Tuesday & Thursday, Aug. 16, West Park Blocks, 8th Ave. & Oak St. FREE

Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, Aug. 16, Trauma Healing Project, 1110 Charnelton St., 541-687-9447. \$10.

Mindfulness, 11:15am-noon today & Thursday, Aug. 9, Trauma Healing Project, 1110 Charnelton. \$5.

Core De Force in the Park, 8am, Lively Park, 6100 Thurston Rd., Spfd., \$7-9.

White Bird now offers free walk-in counseling & referral, 5:30-7:30pm today & Saturday, July 26, downtown library. FREE

KIDS/FAMILIES Family Music Time, 10:15am today & Thursday, Aug. 16, downtown library, 541-682-8316. FREE

Walkers storytime, for babies up on their feet w/their caregivers, 10:15am & 11am today & Thursday, Aug. 16, downtown library. FREE

Little Family Yoga, 10:30-11am, Spfd Public Library, 225 5th St., Spfd. FREE

Babies-Toddlers Storytime, 4pm today & Thursday, Aug. 16, 11am Wednesdays, Goose Resale, 1075 Chambers, 541-343-1300. FREE

Family STEAM, enjoy hands-on fun & learning together w/science, technology, etc., 4pm today & Thursday, Aug. 16, Bethel Library, 1990 Echo Hollow Rd. FREE

Table Tennis for kids, 4:45-6:15pm today, Tuesday & Thursday, Aug. 16, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE w/membership.

LECTURES/CLASSES Chair Yoga for the elderly, 10-11am today, Tuesday & Thursday, Aug. 16, St. Thomas Episcopal Church, 1465 Coburg Rd. Don.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, Museum of

Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

ON THE AIR "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, Aug. 16, KPOV 88.9FM.

"What a Long Strange Trip It's Been w/ Wally Bowen," 7-8pm, KOFC 92.5 FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, Aug. 16. Comcast channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, Aug. 16, KLCC 89.7FM.

OUTDOORS/RECREATION

Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Aug. 16, Campbell Community Ctr., 155 High St. \$0.25.

Tai Chi in the Park Blocks, 8:30am today, Tuesday & Thursday, Aug. 16, West Park Blocks, 8th & Oak St. FREE

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Aug. 16, Tap & Growler, 207 E. 5th Ave. FREE

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Aug. 16; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, Aug. 16, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE

Cribbage Tournament, 5:30-7:30pm today & Thursday, Aug. 16, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, Aug. 16, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, Aug. 16, Funagain Games, 1280 Willamette St. FREE

Categorically Correct Trivia w/Elliott Martinez, 6:30-8pm today & Thursday, Aug. 16, Brew & Cue, 2222 State Hwy. 99 N., 541-461-7778. FREE

WDYK Trivia w/Alan, 7pm today & Thursday, Aug. 16, Gateway Grill, 3198 Gateway St., Spfd., 541-653-8876. FREE

WDYK Trivia w/Stephanie, 7pm today & Thursday, Aug. 16, El Tapatio, 725 E. Gibbs Ave., Cottage Grove, 541-767-0457. FREE

Pride Bingo, 8-9:30pm, Spectrum, 150 W. Broadway. FREE

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE

WDYK Trivia w/Kevin, 9pm today & Thursday, Aug. 16, Side Bar, 1680 Coburg Rd., #108. FREE

Blazing Paddles, table tennis club (ping pong). We welcome all ages & skill levels, drop-ins welcome, paddles provided, varying hours today through Thursday, Aug. 16, check website for times & occasional cancellations, lanetabletennis.net. \$5.

SOCIAL DANCE Line Dance Lessons, 6-8pm today & Thursday, Aug. 16, The Blind Pig Bar, 2750 Roosevelt Blvd. FREE

Troupe Tribalation and Celebration Belly Dance, 6:30pm, Mediterranean Network Restaurant, 1810 Willamette St., \$10-40.

Crossroads Blues Fusion, beginning & intermediate blues dancing lessons 7-8pm today &

Thursday, Aug. 16, open dance 8-11:30pm, Vet's Club, 1620 Willamette St. \$6-\$10, work-trade available.

English & Scottish Country Dancing, 7pm today & Thursday, Aug. 16, Vet's Club, 1620 Willamette St. \$7, first time FREE

Music & Dance Workshops w/Taller de Son Jarocho, 7-9pm today & Thursday, Aug. 16, American Legion Hall, 344 8th St., Spfd. FREE

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, Aug. 16, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE

Refuge Recovery, 7-8:30pm today & Thursday, Aug. 16, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE

Zen Meditation, 7-8:45pm today & Thursday, Aug. 16, Zen West, 981 Fillmore St., zenwestgene@gmail.com. FREE

Rudra Meditation [Kundalini Yoga Meditation], 7:30-8:30pm today, Monday, Tuesday & Thursday, Aug. 16, Eugene Friends Meeting House, 2274 Onyx St. FREE

THEATER THE SLOTH: True stories, told live, 7:30-9:30pm today & Thursday, Aug. 16, Atrium Bldg., 99 W. 10th Ave. FREE

No Shame Theatre Workshop, 8:30pm, Atrium Bldg., 99 W. 10th Ave., FREE

Drag Takeover, 11pm & midnight, The Drake, ?? W. Broadway. FREE

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Nursery Volunteer Work Party, 9am-noon today, Tuesday, & Thursday, Aug. 16, Native Plant Nursery, Buford Park, volunteer@bufordpark.org, 541-344-8350. FREE

Rose Garden Summer Work Party, Owen Rose Garden, 300 N. Jefferson St., FREE

Friends of Trees Pruning Crew Leader Training, 6-8pm, 311 W. 11th Ave. FREE

Hendricks Park Native Plant Garden Work Party, 4-7pm, Hendricks Park, Summit Ave & Skyline Blvd. FREE

FRIDAY

AUGUST 10

SUNRISE 6:10AM; SUNSET 8:23PM
AVG. HIGH 82; AVG. LOW 51

ART/CRAFT Second Friday Art Walk - Downtown Springfield, Mosaic 331, 5-8pm, 331 Main St., Spfd. FREE

Second Friday Art Walk - Downtown Springfield, Tronson Gallery, 5-8pm, 740 Main St. FREE

Roger Grinstead, Photographer, 5-6pm, Dot Dotson's, 1668 Wilamette St. Free

Jerry Ross' Courbet's Tent continues. see Thursday.

BENEFIT #instaballet's 3rd Annual heART in Motion, 6-9pm, Oregon Contemporary Theatre, 194 W. Broadway, \$30.

COMEDY Amanda Arnold Comedy Showcase, 7-9pm, The Drake, ?? W. Broadway. FREE

FILM Willamalane - *The Greatest Showman*, 8:20-10:30pm, Willamalane Park, 1276 G St., Spfd. FREE

Movies in the Park - *Lilo & Stitch*, 9-11pm, State Street Park, Dakota St. & Burnett Ave. FREE

FOOD/DRINK Friday Night Burgers & Blues, 6-9pm, Pfeiffer Winery, 25040 Jaeg Rd. FREE

CALENDAR

Adaptive Rec: BBQ Bash, 6:30-8:30pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$15-18.

2nd Annual Mule Fest continues. See Thursday.

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Ctr., 110 W. 10th Ave. FREE

Nar-Anon Meeting, 12:30pm, Spfd Lutheran Church, 1542 1 St., Spfd. FREE

Free First Friday at the Museum, 11am-5pm, Museum of Natural & Cultural History, 1680 E. 15th Ave. FREE

Food Not Bombs, 1pm cooking, Campbell Club, 3pm serving, Kesey Square. FREE

Lane County NAMI Connections Group Cottage Grove, 1:30-3:30pm, Healing Matrix, 632 Main St., Cottage Grove. FREE

Green Drinks, 5-7pm, New Day Bakery, 449 Blair Blvd. FREE

Fridays at the Park Blocks - Quick 'n' Easy Boys, 5-8:30pm, 8th Ave. & Oak St. FREE

SLUG Queen Competition & Coronation, 6-8pm, Park Blocks, 8th Ave. & Oak St. FREE

Eugene Maker Space Open Hack, 6-8pm today & Tuesday, 687 McKinley St., eugenemakerspace.com. FREE

HEALTH Tai chi for Balance or Yoga Therapy sessions: 30 min each, 3pm, Sacred Heart medical Ctr. lobby, 3333 Riverbend Dr., Spfd. Don.

Healing with Spiritual Light Healing for ourselves, our community, our planet!, 7-9pm, Eugene Friends Meeting House, 2274 Onyx St. FREE

Coworking Celebrations! continues. See Thursday.

KIDS/FAMILIES Baby Storytime, 10:15am & 11:15am, downtown library. FREE

Little Wonders – Stories and Activities for Preschoolers, 10:30-11:30am, Museum of Natural & Cultural History, 1680 E. 15th Ave. \$10.

Family Music Time, 10:15am, Sheldon branch library, 1566 Coburg Rd. & Bethel branch library, 1990 Echo Hollow Rd. FREE

LECTURES/CLASSES Nitty Gritty of Self Publishing: Free Intro, 1:30-3pm, Willamalane Adult Activity Ctr., 215 W. C St. Spfd. FREE

Self-Directed Education Panel Discussion, 6:30-9pm, Eugene Garden Club, 1645 High St. FREE

Talks at the MNCH continues. See Thursday.

LITERARY ARTS Illuminations & Ruminations Art and Book Signing with Paula Goodbar, 5-8pm, Talking Rhythms Message, 500 Main St. Ste. C-2, Spfd. FREE

ON THE AIR Music Gumbo w/ Andy Goldfinger, 6-9pm today & Monday, KOFC 92.5 FM.

Water is Life w/Jana Thrift and John Abbe, 6pm, 97.3 FM or KEPW.org.

Marc Time's Record Attic, 11:30pm, Comcast channel 29.

"The Point" continues. See Thursday, Aug. 9.

OUTDOORS/RECREATION Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Ctr., 155 High St. \$0.25.

Friday Night Sound Healing, 6-7pm, Pura Vida Glamping Getaway, 45560 South Gate Creek Rd., Vida. \$25.

Magic the Gathering, standard deck casual play, 6pm, Castle of Games, 660 Main, Spfd. \$1.

Adaptive Recreation: Bingo and Pizza, 6:30-8:30pm, Bob Keefer

Ctr., 250 S. 32nd St., Spfd. \$15-18.

Trivia Night on the Farm, 6-8pm, Agrarian Ales, 31115 W. Crossroads Ln., Coburg. FREE

Game Night, learn & play tabletop games, 7-9pm. Barnes & Noble, 1163 Valley River Dr. FREE

Blazing Paddles continues. See Thursday, Aug. 9.

Centennial chess club continues. See Thursday, Aug. 9.

Pool Hall continues. See Thursday, Aug. 9.

SOCIAL DANCE Rendezvous, 8am-2am, Spectrum, 150 W. Broadway. \$5.

Folk Dancing for Seniors, request & lessons, 2-3:30pm today, Willamalane Adult Activity Ctr., 215 W. C St., Spfd; 2:30-4pm Monday, Campbell Community Ctr., 155 High St., info at 541-603-0998. \$25-\$1.

Advanced dance class w/Taller de Son Jarocho, 4:30-6pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE

Swing Dance w/ Live Music from Blue Skies Big Band, 7:10:30pm, The Vet's Club, 1626 Willamette St. \$15.

Argentine Tango Classes, 7-9pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Ste. 206. \$10.

Eclectic Vibes Friday, 9pm-2am, The Poker Lounge, 2043 River Rd. FREE

Salsa Dancing, intro class 9pm, open dancing 10pm-1am, Salseros Rm., upstairs, 1626 Willamette St. \$10.

Dancing, 10pm-2:30am today & tomorrow, The Drake, 77 W. Broadway. FREE

SPIRITUAL Rakshabandhan - Restoring Dignity to the Heart of the Soul, 6-7:30pm, Brahma Kumaris Meditation Sanctuary, 175 E. 31st Ave. FREE

Refuge Recovery, check RefugeEugene FB for updated schedules, 7:8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE

Zen Meditation Group, good for beginners 7:30-8:30pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE

THEATER Frost/Nixon, 7:30pm, Very Little Theater, 2350 Hilyard St. \$15-19.

No Shame Theatre, A Variety Show in 15 (Five-Minute) Acts, 7:30-9:30pm, Atrium Building, 99 W. 10th Ave. FREE

Treehouse, 8pm, Cottage Theater, 700 Village Dr., Cottage Grove. \$12-25.

VOLUNTEER Native Plant Nursery Volunteer Work Party, 1-4pm, Alton Baker Park, Native Plant Nursery. FREE

SATURDAY AUGUST 11 SUNRISE 6:12AM; SUNSET 8:22PM AVG. HIGH 82; AVG. LOW 51

ART/CRAFT Art Space, 3-5pm, The Crafty Mercantile, 517 E. Main St., Cottage Grove. don.

Jerry Ross' Courbet's Tent continues. See Thursday.

BENEFIT 10th Annual Oakridge Keg & Cask Festival, 3-11pm, Oakridge uptown district, a benefit for local food box and other local nonprofits. FREE

Pooch Hooch Release/Fundraiser, 4-7pm, Elkhorn Brewery, 686 E. Broadway, a benefit to help low-income dog owners. FREE

Huge indoor flea market, 9am-4pm, Elks Lodge, 1701 Centennial Blvd., Spfd., a benefit

for scholarships and literacy programs. FREE

COMEDY Comedy Open Mic, 6:30pm signup, 7pm open mic, Cush Cafe, 1235 Railroad Blvd. \$2-\$3 don.

DANCE Belly Dance, 7pm, Mediterranean Network Restaurant, 1810 Willamette St. \$5 cover.

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon. FREE

Lane County Farmers Market, 9am-3pm, 8th Avenue & Oak Street. FREE

FOOD for Lane County Youth Farm Stand, 10am-2pm, FOOD For Lane County Youth Farm, 705 Flamingo Ave., Spfd. FREE

Eugene Saturday Market, 10am-5pm, 8th & Oak. FREE

Good Food Easy Farm Stand, 10am-2pm, Creswell Bakery, 182 S. 2nd St., Creswell. FREE

Spencer Creek Community Growers Market, 10am-2pm, Spencer Creek Grange, 86013 Lorane Hwy. FREE

Little Wings Farm Stand, 10am-2pm, Tacovore, 530 Blair Blvd. FREE

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove. FREE

The Corner Market continues. See Thursday, Aug. 9.

FILM Movies in the Park - Breakfast at Tiffany's, 9:11pm, Sladden Park, Chesire Ave. & Adams St. FREE

LECTURES/CLASSES TNC's Willamette Confluence Preserve Tour, 9am-noon, Native Plant Nurserr at Buford Park, 34639 Frank Parrish Rd. FREE

Historic Visit: Talks at the MNCH continues. See Thursday, Aug. 9.

ON THE AIR Country Classics, Hot Licks & Highbilly favorites, ft. artist Hank Williams, 9-11am, KRVN.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

Music Hour w/ Wally Bowen, 1-2pm today & tomorrow, 92.5 KOFC.

The Institute of Spectra-Sonic Sound, 10pm-midnight, 97.3, KEPW

Reverb w/ Sean Cummins, 2-4pm, 92.5 KOFC.

60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Neil Diamond, 7-9pm, KRVN.

The Dr. Yeti Show, 10pm-midnight today & tomorrow, 92.5 KOFC.

OUTDOORS/RECREATION All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE

Recreational Bicycle Rides, rides vary 20-80 miles, 9am, Alton Baker Park, 622 Day Island Rd. FREE

Nearby Nature Quest: Creepy Crawly Insect Safari, 10am-noon, Nearby Nature, 622 Day Island Rd. \$5

Dragonflies & Damselflies Walk, 11am-1pm, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. FREE-\$5.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE

Summer Yoga and Meditation, 11am-12:30pm, 1460 Coburg Rd. #2. \$5-10.

White Bird Walk-In Counseling & Referral continues. See Thursday.

KIDS/FAMILIES Family Yoga Time, 9-10am, Common Bond Yoga, 326 Main St. FREE

Family Music Time, 10:15am, downtown library. FREE

Legos, 10:15am, Sheldon branch library, 10:15am, Bethel branch library, 541-682-8316. FREE

Cards Against Humanity w/ Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd. \$41-636-2961. FREE



Both **Lisa Lynne** and **Aryeh Frankfurter** started their musical career as prog rockers. Then they discovered the wonders of Celtic, Renaissance and Swedish music and their unique instrumentation. Today, they've teamed up as a multi-instrumentalist duo that performs with Celtic harps, Swedish nyckelharpa, Ukrainian bandura and more. Throughout their performances, their set list consists of traditional and original music — all of which threads together stories and humor. The two are also widely recognized for their musical work. Lynne has had her work repeatedly make it on the Billboard New Age music charts. Frankfurter, who transitioned from prog rock violin to Swedish folk and Celtic music, has composed 17 albums and worked on film and television scores. Lisa Lynne and Aryeh Frankfurter take over Tsunami Books, 2585 Willamette Street, from 7 to 9 pm Sunday, Aug. 12. Tickets are \$18 and can be purchased at the Tsunami Books or by calling 541-345-8986. — *Henry Houston*

Blazing Paddles continues. See Thursday, Aug. 9.

VOLUNTEER Blackberry Eat and Cut Work Party, 10am-1pm, Mount Pisgah Arboretum, 34901 Frank Parrish Rd. FREE

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE

SUNDAY

AUGUST 12

SUNRISE 6:13AM; SUNSET 8:20PM

AVG. HIGH 82; AVG. LOW 51

ART/CRAFT Jerry Ross' Courbet's Tent continues. See Thursday.

COMEDY Comedy Open Mic, 8-10pm, Old Nick's Pub, 211 Washington St. FREE

FARMERS MARKET Fairmount Neighborhood Sunday Farmers Market, 10am-2pm, 19th Ave. & Agate St. FREE

Little Wings Farm Stand, 10am-2pm, Tacovore, 530 Blair Blvd. FREE

Whiteaker Community Market, 11am-4pm, Whiteaker Community Market, 1111 2nd Ave. FREE

Dexter Lake Farmers Market, noon-4pm, Rolling Rock Park, at the corner of Shore Dr., Lowell. FREE

FOOD/DRINK Yoga @ the LAB, 10:30-11:30am, Oregon Wine Lab, 488 Lincoln St. \$15.

GATHERINGS Devotional Gathering, 10-11:30am, Eugene Bahai Ctr., 1458 Alder St. FREE

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE

Occupy Eugene Medical Clinic, noon-4pm, Washington Jefferson Park, Washington St. & W. 5th Ave. FREE

RPG Summer Sampler, noon-3pm, Delight, 538 Main St., Cottage Grove. \$10.

Sunday Jams, 3-6pm, Sladden Park, Chesire Ave. & Adams St. FREE



Hi Cascade is proud to sponsor Bud of the Month
Quality Cannabis, Daily Deals and rotating stock.

Check us out on Leafly!

Hell's OG
Grown by Phresh Cannabis
One of the most potent indicas, Hell's OG is loaded with a lemon gas flavor accented by pine. A favorite of more seasoned users, the sedative and euphoric effects bring the consumer to a most relaxed state best reserved for later in the day.

THC: 29.30% CBD: <LOQ
TESTED BY: Anova Labs
3443 HILYARD ST. • EUGENE
541-636-4100 • AMAZONORGANICS.NET

Lemon G Monster Cookies
60 Sativa/ 40 Indica
With a unique terpene profile the Lemon G Monster Cookies creates a strong lemon aroma and an earthy grape taste that comes through when smoking. The high starts out energetic and euphoric while finishing off with a nice calm and relaxing effect.

THC: 27%
TESTED BY: Jupiter Analytics
2895 OAK ST. • EUGENE • 541.357.4211 • NMEUGENE.COM

Curious Jorge #7
Grown by Phresh Cannabis
If you're looking for the stoniest flower on the menu, look no further. Curious Jorge has extremely potent indica dominant effects and a deliciously skunky and fruity profile.

THC: 28.7%
607 HIGHWAY 99 NORTH
541-357-5973

CLand
Grown by CannaFlo Farms
Granddaddy Purple x Bay Platinum Cookies create this upbeat, dense, dark green bud with a sweet taste and earthy aroma. It's sure to please.

THC: 21.75% CBD: 0% OLCC LICENSED
TESTED BY: Juniper Analytics
1936 MAIN ST • SPRINGFIELD
541-505-9971

Dosi dos
Multi Top Farms
D0si d0s is a wonderful indica dominant cross of the classic Girl Scout Cookies, that leaves you with a whimsically euphoric and relaxing high.

THC: 22.9% CBD: 2.03%
1628 MAIN STREET, SPRINGFIELD
458-205-9149

Slurricane
Higher Minds Horticulture
This awesome mix of Dosido x Purple Punch will blow you away! Its earth filled punchy aroma is sure to please any seasoned smoker.

THC: 21.1% CBD: 0.148%
TESTED BY: Evio Labs
2045 FRANKLIN BLVD. • EUGENE
541-505-7575 • EUGENEOG.COM

The Doctor
by Geek Farms
The Doctor is a dangerous, yet ingenious cross between Mad Scientist and Timewreck from Geek Farms. Sure to cure what ails you.

THC: 23.4% CBD: .05%
1553 OAK ST. • EUGENE • (541) 345-8904
KEEPEUGENEGREEN.ORG

Jack Herer Live Sauce
This highly sought after Sativa is the ultimate morning/day time strain and sure to leave your taste buds begging for more. Strong aromas of citrus, pine and earthy-funk is sure to please even the pickiest Cannabis connoisseur! Find it today at Deep Roots Cannabis in Beautiful Springfield, Oregon.

THC: 78.5% CBD: .58% OLCC LICENSED
PROCESSED BY: Willamette Valley Alchemy
2155 OLYMPIC ST • SPRINGFIELD
(541) 636-4548 • DEEPROOTSCANNABIS.COM

Granola Funk
Grown by Fox Hollow Flora
GSC Forum Cut x Wookie 15 create this funky, fruity, yet doughy smelling strain named after the famous Rainbow Gathering and Jam Band.

THC: 25.1% CBN: 0.98% OLCC LICENSED
TESTED BY: Evio Labs
88344 TERRITORIAL RD • VENETA
(541) 935-9618

Dr. W
HEADSTASH Horticulture
Dr. W is an Indica dominant hybrid but is a good choice for any time of the day. This strain may deliver swift relief to pain, appetite loss, mood disorders, and nausea without lethargy or sedation.

THC: 29.1% CBD: /
1267 W 7TH AVE, EUGENE
(541)735-3513

CALENDAR

Celtic Harps, 7:9pm, Tsunami books, 2585 Willamette St. \$18.	DanceAbility Spring Classes continues. See Thursday, Aug. 9	The Broadway Revue Burlesque Show!, 10pm, Luckey's Club, 933 Olive St. \$5.	Kadampa Buddhist Ctr., 777 High St. FREE	Feed the Hungry w/ Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE	Eugene Cannabis TV Recording Session, 4:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE
HEALTH Yoga at the Lab, 10:30am, Oregon Wine Lab, 488 Lincoln St. \$15.	Talks at the MNCH continues. See Thursday, Aug. 9	Blazing Paddles continues. See Thursday, Aug. 9.	Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE The Essence of Insight Meditation, a 6-week mindfulness series, 6-8:15am, Unitarian Church of Eugene, 1685 W. 13th Ave. \$90-\$120.	Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE	Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE
Family Yoga on the Farm, 11:15am-12:15pm, Agrarian Ales, 31115 W. Crossroads Lane West. \$18.	Dr. Yeti Show continues. See Saturday.	Duplicate Bridge continues. See Thursday, Aug. 9.	Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE	Co-Dependents Anonymous, 12-step meeting, 6-7pm, Wellsprings Friends School, 3590 W. 18th Ave. FREE	Co-Dependents Anonymous, 12-step meeting, 6-7pm, Wellsprings Friends School, 3590 W. 18th Ave. FREE
Yoga Nidra, 7:8:15pm, Mudra Yoga, 199 E. 5th Ave. 33. \$16-18.	OUTDOORS/RECREATION Bird walk, monthly birding for people of all experiences, 8-11am, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. \$5, members FREE	SOCIAL DANCE Music & Dance Workshop w/Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE	USA Dance, 5:30-7:30pm, Vet's Club, 1620 Willamette St. \$3-5.	ART/CRAFT ArtCity Pro Meeting, 6-8pm, 942 Olive St. FREE	Keep It Simple Spfd Al-Anon Family Group, 6:30-7:30, Spfd Lutheran Church, 1542 1st, Spfd. FREE
KIDS/FAMILIES Eugene Imagination Yoga, 10:15am-noon, Celebration Belly Dance & Yoga, 1840 Willamette St., Ste. 206. \$8-\$10.	Play Petanque! Easy to learn/fun to play, free lessons, 10am-1 Sundays & 6pm-dark Wednesdays, University Park, University Ave & 24th Ave. FREE	Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3.	Frost/Nixon continues. See Friday.	Craft Night, 7pm, Cush Cafe, 1235 Railroad Blvd. FREE	Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.
ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.	RPG Summer Sampler, noon-3pm, Delight, 538 E. Main St. \$10.	SKIN @ Spectrum, 9pm, Spectrum, 150 W. Broadway. \$5.	THEATER Celebrating 20 years! Free Shakespeare in the Park presents: <i>A Midsummer Night's Dream</i> , continues. See Saturday.	Jerry Ross' Courbet's Tent continues. see Thursday.	DBSA of Lane County, 7:8:30pm, First United Methodist Church, 1376 Olive St. FREE
"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWVA 88.1FM & kwvaradio.org.	Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE	SPIRITUAL Self Realization Fellowship 9:50am meditation; 10-11am service, 1610 Olive St. FREE	VOLUNTEER Interfaith Sunday breakfast, needs volunteers! all/no faiths, everyone welcome, serving over 400 people every Sunday, 6:30-10:30am, First Christian Church, 1166 Oak St., volunteers please contact Susan at 541-343-4397 or breakfast@heartofeugene.org. FREE	GATHERINGS Lunch Bunch Toastmasters, noon, LCC downtown ctr, 101 W. 10th Ave., 541-687-7678. FREE	Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE
Son of Saturday Gold, True stuff for true believers, ft. artist Sam Cooke, 11am-1pm, KRVN.	Malabon Players Society, adult pick up basketball, 3pm, Malabon Elementary School, 1380 Taney St. FREE	Sunday Morning Meditation, 9am-noon, Open Sky Shambhala, 783 Grant St. FREE	Spfd Lions Club Meeting, noon-1pm, Roaring Rapids Pizza Company, 4006 Franklin Blvd. FREE	Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE	Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE
Reverb w/ Sean Cummins, 2pm, 92.5 KOFC.	Cards Against Humanity w/Kevin, 8pm, Max's Tavern, 550 E. 13th Ave., 541-349-8986. FREE	Prayers for World Peace, 10:30am-noon, Mahasiddha			
Music Hour w/Wally Bowen continues. See Saturday.					

Alien Rift

Get ready to be beamed into the mothership with this Alien Reduction x Alien Dawg x Alien OG Hybrid. This sweet smelling strain will have you feeling like you're floating in space and ready to take on the universe.

THC: 21.12% **CBD:** 0% **OLCC LICENSED**

TESTED BY: ChemHistory

741 LINCOLN ST. • EUGENE
(541) 505-9834



SPACEBUDS
THE DISPENSARY

Lemonade

Sativa dominant hybrid

This amazing flower has a refreshing smell of fresh lemonade, great for a hot summer day.

THC: 26.8% **CBD:** .2% **TERPS:** 2.83%

TESTED BY: ChemHistory

WWW.CAPCANNABIS.COM



CAPITAL
CANNABIS



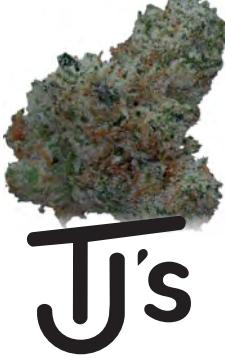
Narnia

by Sugartop Buddery

Narnia is a cross between Trainwreck and Jack Herer, and is one of Eugene's favorite sativa strains grown with love by one of Eugene's favorite local farms! We're stoked to have it back on our shelves. Enjoy!

THC: 24.90% **CBD:** 0.00% **OLCC LICENSED**

420 BLAIR BLVD • EUGENE • 541.393.6820



TJ's Monkey Tape

Cultivated by TJ's Gardens

This pungent plant is TJ's translation of the famous GG4. It has an earthy aroma with a side of sour and a pleasantly smooth smoke. Prepare for some relaxation and a sleepy finish.

THC: 24.5% **CBD:** .07%

TESTED BY: Juniper Analytics

1027 WILLAMETTE STREET
(541) 505-7961 • WWW.VISITJJS.COM



Orange Thai

Grown by Avitas

This Agent Orange x Lemon Thai cross is the perfect accompaniment to any adventure and can turn your daily routines into something extraordinary.

THC: 22% **CBD:** .0% **OLCC LICENSED**

TESTED BY: EVIO Labs

645 RIVER RD #3 • EUGENE • (541) 653-8965
TERPSSTATION.COM



GREEN
OAKS
OAKRIDGE, OR

Lemondade

by Capital Cannabis

When life gives you lemons, get some lemondade! This hybrid offers a balanced mind-body affect. Aroma boasts tangy lemon with diesel overtones. It's a powerhouse with an eye-opening flavor and dazzling THC level.

THC: 26.8% **CBD:** .2%

TESTED BY: ChemHistory

48122 HWY 58 • OAKRIDGE
(541) 716-4044



Candida

Mckenzie River Cannabis

These indoor, organic, all flower pre-rolls offer a smoothly energizing body high and a well balanced uplifting euphoria with no heady introspection.

CBD: 16% **THC:** 1.4%

TESTED BY: Iron Labs

3675 FRANKLIN BLVD,
EUGENE, OR 97403

LIVE MUSIC: AT SMOKE ON THE WATER, 2700 LAKESHORE DR LAKE SELMAC, OREGON
 PLUS:
HIRIE
SYNRGY
THE JOHN DOUGH BOYS
ONE DOLLAR CHECK
FUNODAQIT
WILDERNESS 1LOVE
MISTA CHIEF AND RISING BUFFALO TRIBE

THC
Fest

VENDOR VILLAGE
VIP LOUNGE
FOOD TRUCKS
ZEN DOME
VIP DAB SHACK
FREE PARKING

JOIN & GET TIX AT
THC-FEST.COM
AND FOLLOW @THCFEST

21+ ONLY!



The Downtown Springfield Second Friday Art Walk takes over Main Street with 20 stops. The guided tour starts at 5:30 pm at the Willamalane Adult Center, located at 215 West C Street. The guided tour starts with the Island Park Gallery, which explores Asante Riverwind's "Nature and Spirit, Dreams and Visions" exhibit — as well as free hors d'oeuvres and wine for its opening reception. Of course, you can always take on the tour yourself because the art walk features a complimentary shuttle from the activity center to downtown Springfield, which runs until 7 pm. Among many other exhibits, Springfield Museum will host an opening reception for its latest exhibit, "Between Three Steeples: The Early Churches of Springfield," during the art walk. The exhibit's opening reception will include short skits created by the Ebbert Memorial United Methodist Church's minister. And there will be light refreshments at the museum. The Downtown Springfield Second Friday Art Walk runs 5 to 8 pm Friday, Aug. 10. The walk goes from Willamalane Adult Activity Center to Neu Real Estate and Cascade Center for Spiritual Living (741 Main Street). For more information about the art walk, visit their Facebook page. FREE. — *Henry Houston*

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7:30pm, 591 W. 19th Ave. FREE

Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE

HEALTH P90X in the Park, 8-9am, Lively Park, 6100 Thurston Rd., Spfd. \$7.9.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Meditation in Everyday Life, 6-8pm, Open Sky Shambhala Ctr., 783 Grant St. \$50.

Laughter Yoga, 7:30-9pm, 658 Madison St. FREE White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, Aug. 9..

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public

Library, Fountain Plaza, 225 5th St., Spfd. FREE

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE

Oregon Rocks! at the library, 6:30-7:30pm, Spfd. Library, 100 W. 10th Ave. \$10.

LECTURES/CLASSES Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Learn 1 song & parade w/ Samba Ja, 8pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsamba@gmail.com. FREE

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, Aug. 9

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult

Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE Trivia at The Pub w/Elliott Martinez, 6-8pm, Oakshire, 207 Madison St. FREE

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE

Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. \$10.

Navigating w/ Ride w/ GPS & GEARS, 6:30-8pm, Hilyard Community Ctr., 2580 Hilyard St. FREE

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE

FREE Adult intro to ki-aikido continues. See Thursday, Aug. 9

Blazing Paddles continues. See Thursday, Aug. 9

Duplicate Bridge continues. See Thursday, Aug. 9

Pool Hall continues. See Thursday, Aug. 9

SOCIAL DANCE Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE

Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE

Meditation in Everyday Life, 6-8pm, Open Sky Shambhala Ctr., 783 Grant St. \$50.

Rudra Meditation (Kundalini Yoga Meditation) continues. See Thursday, Aug. 9

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St. #100. FREE

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE

TUESDAY

AUGUST 14

SUNRISE 6:15AM; SUNSET 8:17PM
AVG. HIGH 82; AVG. LOW 51

ARTS/CRAFTS Jerry Ross' Courbet's Tent continues. See Thursday.

BENEFIT Open Microphone Musical Benefit for Habitat for Humanity, Axe & Fiddle, 657 E. Main St., Cottage Grove. Don.

COMEDY Comedy open mic, 7pm, Happy Hours, 645 River Rd. FREE

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE

FARMERS MARKET Tuesday Farmers Market, 10am-3pm, 8th Ave & Oak St. FREE

FOOD/DRINKS Tuesday Night Pub Run, 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE

Drink & Draw, 9pm, 5th Street Cornucopia, 207 E. 5th Ave FREE

Potluck Dinner, 6-8:30pm, Natural Grocers, 201 Coburg Rd. FREE

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE

Behind the Scenes at the Museum, 9am-3:30pm, MNCH, 1680 E. 15th Ave. \$25, \$20 members.

Singing Heart, call & response all voices, 10:30-11:50am, McNail-Riley House, 601 W. 13th Ave. \$10.

Resist Trump Tuesday, noon, Federal Courthouse, 405 E. 8th Ave. FREE

Rush Hour Resistance, progressive protest every Tuesday, 5-6pm, Federal Courthouse, 405 E. 8th Ave. FREE

Debtors Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE

Industrial Workers of the World meeting, 6:30pm, New Day Bakery, 449 Blair Blvd. FREE

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE

Adult Children of Alcoholics Meeting, 7:8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE

Breaking Bingo w/ Hunter-Downe Knightly, 9pm, Old Nick's Pub, 211 Washington St. FREE

Yoga in the Park, 8-9am, Lively Park, 6100 Thurston Rd. \$7.9.

Party in the Parks, 5:30-7:30pm, Live DJ set from Connah Jay, Washington/Jefferson Park. FREE

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, Aug. 9.

HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing Project, 1100 Charnelton St., 541-687-9447. don.

Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 1100 Charnelton St., 541-687-9447. \$10.

Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Suite 206. \$10-\$15.

Tai Chi in the Park Blocks continues. See Thursday, Aug. 9.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, Aug. 9.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd library, 225 5th St., Spfd. FREE

Talkers Storytime, 10:15am & 11am, downtown library. FREE

Magic Summer Camp, 2-5pm, Delight, 538 Main St., Cottage Grove. \$22.

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Family Music Time, 6:30pm, downtown library. FREE

Pajama Storytime, 6:30pm, downtown library. FREE

Table Tennis for kids continues. See Thursday, Aug. 9

LECTURES/CLASSES Movement for Memory: A Dance Class For Your Brain, 11am-noon & 1-2pm, Park Blocks, 44 E. 7th Ave. FREE

MOVEMENT: Freedom through Fitness Workshop, 6:30-8pm, Emerald City Family Chiropractic, 48 Division Ave., Ste. H. FREE

Chair Yoga for the elderly continues. See Thursday, Aug. 9.

POP Pilates continues. See Saturday.

Talks at the MNCH continues. See Thursday, Aug. 9

LITERARY ARTS Wordcrafters: From Walden to Wild w/ Bronwynn Dean, 4-week series, 6-8pm, WordCrafters in Eugene, 438 Charnelton St., ste 102. \$139.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, Aug. 9

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE

Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE

Tai Chi in the Park Blocks, 8:30-9:30am, W. Park Blocks, 8th Ave. & Oak St. FREE

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE

King Pong!, 8-10pm, Kesey Square, FREE

Killer Queen League Night, 10pm-2am, Level Up Arcade, 1290 Oak St. FREE

Nar-Anon Meeting, 12:30pm, Spfd Lutheran Church, 1542 I St., Spfd. FREE

Discussion group in Spanish - Hablar es Sanar grupo de apoyo, 2:30-4pm, Trauma Healing Project, 1100 Charnelton St. \$5. WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE

Bingo Bongo, 9-11pm, The Drake Bar, 77 W. Broadway. FREE

Killer Queen League Night, 5-on-5 arcade battle, 10pm-2am, Level Up Arcade, 1290 Oak St. FREE

Blazing Paddles continues. See Thursday, Aug. 9

Board Game Night continues. See Thursday, Aug. 9

Duplicate Bridge continues. See Thursday, Aug. 9

Pool Hall continues. See Thursday, Aug. 9

SOCIAL DANCE Coalescence: Community Estatic Dance, 10am-noon, WOW Hall, 291 W. 8th Ave. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

Bailonga: Argentine Tango Milonga, 7-10pm, The Vet's Club, 1626 Willamette St. \$5

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE

SPIRITUAL Zen Meditation Group, 7-8am, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE

Tuesday Meditation, 6-7pm, Open Sky Shambhala, 783 Grant St. FREE

Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE

CALENDAR

<p>Peace Vigil, 4:30pm, 7th & Pearl. FREE</p> <p>Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE</p> <p>Walk & Talk at the Museum, 2pm, Museum of Natural & Cultural History, 1680 E. 15th Ave. Cost is admis.</p> <p>Death Cafe, small group gatherings to talk about death, 7-8:30pm, Lane County Behavioral Health Services, 2411 Martin Luther King Jr. Blvd. FREE</p> <p>Singing Heart Community Singing, 7-8:30pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave. \$10.</p> <p>"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE</p> <p>HEALTH Pet Grief Support Group, 11:30am, Companioning Care LLC, call 541-255-7116. \$5-\$20.</p> <p>Pet-Care Coping Support Group, end of life, serious illness, need to re-home, Companioning Care LLC, call 541-255-7116. \$5-\$20.</p> <p>P90X in the Park, 8-9am, Lively Park, 6100 Thurston Rd., Spfd. \$7-9.</p> <p>Working with Emotions, 10am-noon, Open Sky Shambhala, 783 Grant St. \$50.</p> <p>Health Qigong continues. See Monday.</p> <p>Latin Cardio Fusion continues. See Monday.</p> <p>Tai Chi: Moving for Better Balance continues. See Monday.</p> <p>White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, Aug. 9</p> <p>KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE</p> <p>Preschool Storytime, 10:15 am & 11am, downtown library. FREE</p> <p>Magic Summer Camp continues. see Wednesday.</p> <p>Family STEAM, enjoy hands-on fun & learning together w/science, technology, etc., 4pm, Sheldon Library, 1566 Coburg Rd. FREE</p> <p>Oregon Rocks! at the library, 11am-noon, Bethel Branch Library, 1990 Echo Hollow Rd. FREE</p> <p>Legos, 4pm, Eugene Public Library. FREE</p> <p>Babies-Toddlers Storytime continues. See Thursday, Aug. 9</p> <p>Children's Intro to Ki-aikido continues. See Monday.</p>	<p>LECTURES/CLASSES Meditation class - How to Transform Your Life, 6pm, Mahasiddha Kadampa Buddhist Ctr., ??? High St. \$10.</p> <p>Dance Fitness continues. See Monday.</p> <p>Intro to Ki continues. See Monday.</p> <p>Talks at the MNCH continues. See Thursday, Aug. 9</p> <p>LITERARY ARTS Wordcrafters' Reading Like a Writer Series with Danuta Pfeifer, 7-9pm, Shelton McMurphy Johnson House, 303 Willamette St. FREE</p> <p>ON THE AIR "Truth Television," live call-in local news/politics, 6pm, Comcast 29.</p> <p>The Colours of Aire w/DJ Anonymous, 9pm, 97.3 FM or KEPW.org.</p> <p>"That Atheist Show," weekly call-in, 7pm, Comcast 29, 541-790-6617.</p> <p>"The Point" continues. See Thursday, Aug. 9</p> <p>OUTDOORS/RECREATION Track-Town Fitness, 8-9am, Hayward Field, 1580 E. 15th Ave. FREE</p> <p>Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE</p> <p>Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE</p> <p>Trivia w/Elliott Martinez, 7-9pm, 16 Tons Cafe, 2864 Willamette St. FREE</p> <p>WDYK Trivia w/Nick, 7pm, Bugsy's Bar & Grill, 559 N. Pacific Hwy., Junction City, 541-998-5185. FREE</p> <p>Humanity w/Kevin, 8pm, First National Taphouse, 51 W. Broadway. FREE</p> <p>Pinball Knights, 3-strokes pinball tournament, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5 buy in.</p> <p>The Koz performs, 6:30pm, Island Park, 200 W. B St., Spfd. FREE</p> <p>Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE</p> <p>WDYK Trivia w/Alan, 9pm, The Wild Duck, 1419 Villard St., 541-485-3825. FREE</p> <p>WDYK Trivia w/Stephanie, 9pm, Prime Time Sports Bar, 1360 Mohawk Blvd., Spfd, 541-746-0549. FREE</p> <p>Blazing Paddles continues. See Thursday, Aug. 9</p> <p>Duplicate Bridge continues. See Thursday, Aug. 9</p>	<p>Play Petanque! continues. See Sunday.</p> <p>Pool Hall continues. See Thursday, Aug. 9</p> <p>Qigong continues. See Monday.</p> <p>SOCIAL DANCE Contact Improvisation Jam, w/half-hour guided warm-up, drop-ins & no experience fine, 6:15-8:15pm, Xcape Dance, 420 W. 12th Ave, info at 206-356-0354. \$5-\$12.</p> <p>Buzzed w/ Bachata, 7pm, The Oregon Wine Lab, 488 Lincoln St. FREE</p> <p>Eugene Order Of Steel Happy Hour Bout, 7-9pm, Old Nick's Pub, 211 Washington St. FREE</p> <p>Hearing Voices and Extreme States Discussion/Support Group, 1-2:30pm, Lane Independent Living Alliance, 20 E. 13th Ave. FREE</p> <p>Citizens Climate Lobby, Lane County Chapter, 5:30-7pm, First United Methodist Church, 1376 Olive St. FREE</p> <p>Reversing Global Warming, 6:45-8:15pm, Eugene Mindworks, 207 E. 5th Ave. FREE</p> <p>Lane County NAMI LGBTQIA+ Connection Group continues. See Thursday, Aug. 9</p> <p>NAMI Lane County's Friends & Family Support Group continues. See Thursday, Aug. 9</p> <p>Atheist, Agnostics & Free Thinker AA continues. See Thursday, Aug. 9</p> <p>Downtown Toastmasters continues. See Thursday, Aug. 9</p> <p>Emerald Photographic Society Club Meeting continues. See Thursday, Aug. 9</p> <p>Men's Meet Up continues. See Thursday, Aug. 9</p> <p>Mindfulness Group continues. See Thursday, Aug. 9</p> <p>NAMI Connection Support Group for people w/mental health issues continues. See Thursday, Aug. 9</p> <p>Overeaters Anonymous continues. See Thursday, Aug. 9</p> <p>HEALTH Mindfulness continues. See Thursday, Aug. 9</p> <p>Tai Chi in the Park Blocks continues. See Thursday, Aug. 9</p> <p>Stress & Anxiety Relief Group Acupuncture continues. See Thursday, Aug. 9</p> <p>White Bird Walk-in Counseling & Referral continues. See Thursday, Aug. 9</p> <p>KIDS/FAMILIES Core De Force in the Park, 8-9am, Lively Park, 6100 Thurston Rd., Spfd. \$7-9.</p> <p>Kids' River Walk, 11am-1pm, Mount Pisgah Arboretum, 34901 Frank Parrish Rd. \$8.</p> <p>Discover Your Watershed: Middle Fork Bike Path Tour, 5:30-7:30pm, Dorris Ranch, 205 Dorris St. FREE</p> <p>Magic Summer Camp continues. see Wednesday.</p>	<p>Babies & Toddlers Storytime continues. See Wednesday</p> <p>Family STEAM continues. See Thursday, Aug. 9</p> <p>Family music time continues. See Thursday, Aug. 9</p> <p>Table Tennis for kids continues. See Thursday, Aug. 9</p> <p>Walkers storytime continues. See Thursday, Aug. 9</p> <p>LECTURES/CLASSES Liberate Your Mind Tour, 6-9pm, Owen Rose Garden, 300 N. Jefferson St. FREE</p> <p>Chair Yoga for the elderly continues. See Thursday, Aug. 9</p> <p>DanceAbility Class continues. See Thursday, Aug. 9</p> <p>Mindful & Wellness @ Work continues. See Thursday, Aug. 9</p> <p>ON THE AIR "Arts Journal" continues. See Thursday, Aug. 9</p> <p>"The Point" continues. See Thursday, Aug. 9</p> <p>Thursday Night Jazz w/David Gizarra continues. See April 26</p> <p>OUTDOORS/RECREATION Adult introduction to ki-aikido continues. See Thursday, Aug. 9</p> <p>Board Game Night continues. See Thursday, Aug. 9</p> <p>Cards Against Humanity w/Charley continues. See Thursday, Aug. 9</p> <p>Categorically Correct Trivia w/Elliott Martinez continues. See Thursday, Aug. 9</p> <p>Centennial chess club continues. See Thursday, Aug. 9.</p> <p>Cribbage Tournament continues. See Thursday, Aug. 9.</p> <p>Duplicate Bridge continues. See Thursday, Aug. 9</p> <p>Board Game Night continues. See Thursday, Aug. 9</p> <p>Lunchtime Tap & Growler Running Group continues. See Thursday, Aug. 9</p> <p>Pool Hall for seniors continues. See Thursday, Aug. 9</p> <p>Tai Chi continues. See Thursday, Aug. 9</p> <p>Tai Chi in the Park Blocks continues. See Thursday, Aug. 9</p> <p>WDYK Trivia w/Alan continues. See Thursday, Aug. 9</p> <p>WDYK Trivia w/Kevin continues. See Thursday, Aug. 9</p> <p>SOCIAL DANCE Crossroads Blues Fusion Weekly Blues & Fusion Dance continues. See Thursday, Aug. 9</p> <p>English & Scottish Country Dancing continues. See Thursday, Aug. 9</p> <p>Line Dance Lessons continue. See Thursday, Aug. 9</p>	<p>Music & Dance Workshops w/Taller de Son Jarocho continues. See Thursday, Aug. 9</p> <p>SPIRITUAL Refuge Recovery continues. See Thursday, Aug. 9</p> <p>Rudra Meditation (Kundalini Yoga Meditation) continues. See Thursday, Aug. 9</p> <p>Zen Meditation continues. See Thursday, Aug. 9</p> <p>THEATER THE SLOTH: True stories, told live continues. See Thursday, Aug. 9</p> <p>Roving Park Players present Doctor Doolittle, 6-8pm, Willamette Oaks Retirement Living, 455 Alexander Ln. FREE</p> <p>Drag Takeover, 10:30pm, The Drake Bar, ?? W. Broadway. FREE,</p> <p>No Shame Theatre Work Shop continues. See Thursday, Aug. 9</p> <p>VOLUNTEER Rose Garden Summer Work Party, Owen Rose Garden, 300 N. Jefferson St. FREE</p> <p>Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Aug. 9</p> <p>Hendricks Park Native Plant Garden Work Party continues. See Thursday, Aug. 9</p> <p>CORVALLIS AND THE REGION</p> <p>SATURDAY, AUGUST 10 Mid-Valley Bike Club Saturday Rides, 8am, corner of Circle Blvd. & Highland St., Corvallis. FREE</p> <p>Corvallis Farmers Market, 9am-1pm, 1st Street & Jackson Avenue, Corvallis. FREE</p> <p>ATTENTION OPPORTUNITIES</p> <p>Due date for the calendar is noon the Thursday before the Thursday issue in which you would like your event published. For example, if you'd like to be included in our Aug. 23 edition, please visit www.eugeneweekly.com/calendar/event/add & submit your event online by Thursday, Aug. 16 at noon. For questions, email cal@eugeneweekly.com.</p> <p>Adventure! Children's Museum invite ages 10-19 to design posters. The group also invites crafters and artists extraordinaire, to make some anemones, urchins, coral, barnacles & crustaceans to line the edges of the cove. Contact adventurechildrensmuseum@gmail.com for more details.</p>
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FRI	3:50 9:35
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EIGHTH GRADE	
FRI	1:10 3:20 5:30
	7:40 8:50 9:45
SAT-SUN	11:00 1:10 3:20 5:30
	7:40 8:50 9:45
MON-THU	1:10 3:20 5:30
	7:40 8:50 9:45
DON'T WORRY, HE WON'T GET FAR ON FOOT	
DAILY	1:25 6:15
WON'T YOU BE MY NEIGHBOR?	
FRI	2:00 4:20 6:30
SAT-SUN	11:00 2:00 4:20 6:30
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A father (Ben Foster) and his thirteen year-old daughter (Thomasin McKenzie) are living an ideal existence in a vast urban park in Portland, Oregon, when a small mistake derails their lives forever. Directed by Debra Granik (Winter's Bone). The best reviewed movie of the summer and 100% RT.
1:00, 6:00, 8:30

THREE IDENTICAL STRANGERS (PG-13)
New York, 1980: three complete strangers accidentally discover that they are identical triplets, separated at birth. The 19-year-olds' joyous reunion catapults them to international fame, but it also unlocks an extraordinary and disturbing secret that goes beyond their own lives - and could transform our understanding of human nature forever.
Friday - Tuesday 1:30, 4:00, 6:30
Wednesday 1:30, 3:45
Thursday 1:30, 4:00, 6:30

SORRY TO BOTHER YOU (R)
In an alternate present-day version of Oakland, telemarketer Cassius Green discovers a magical key to professional success, propelling him into a universe of greed.
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MOVIES BY MOLLY TEMPLETON



STUCK IN MIDDLE SCHOOL

Bo Burnham's Eighth Grade shows teen angst is forever

For all the things that have changed about being a teen — apps and laptops, likes and subscribes, the endless awareness that everyone else really is having more fun than you are, or at least filtering it to make it look that way — the basics are the same.

In his debut feature, *Eighth Grade*, writer-director Bo Burnham cleverly uses the way things have changed to illustrate the way they're no different: Loneliness sucks. Crushes are impossible. Adults are weird and try too hard. Connecting with people is a series of failures: putting yourself out there, online or off, and facing rejection, again and again.

Kayla (the magical Elsie Fisher) is enduring all of this. Her YouTube advice videos, full of standard-issue "Be yourself!" encouragement, get only a few views. The world may go into dramatic slo-mo when she spots the boy she's crushing on, but he notices her only when she fibs about what kind of pictures she has on her phone. When a classmate's well-intentioned mom invites her to a pool party, she goes, though you can see in her face she knows it's unlikely to be a good time.

This is the stuff that matters when you're a young teen, and the best thing about *Eighth Grade* is that Burnham understands this. His eye for the weight of the little things is precise, whether he's observing the rhythmless middle-school band or the way Kayla slinks into the pool party, hand around her middle.

Eighth Grade rests entirely on Fisher's slumped shoulders. And she's got this. As earnest, playing-at-being-surly, enthusiastic at the wrong times Kayla, she embodies the way middle school is nowhere land, a terrible purgatory before the seeming freedom of high school. Her posture, her imperfect skin, her delivery — it's so natural it hardly feels like acting. If Kayla has a weakness, it's that Burnham's screenplay never lets us in on what she cares about, beyond the approval of her peers: Does she like music or care about being in band? What does she read? What does she sing when she takes the mic at karaoke?

Fisher shines to the end, but the movie around her starts to wade into more familiar teen-movie territory. Briefly, Kayla connects with an older girl, Olivia (Emily Robinson), who shows her around high school — but after a horrible encounter with one of Olivia's male classmates, we never see her again. As is so often the case, the complex questions of how young women navigate fragile friendships are disappointingly outside the scope of the film. Kayla wants a bestie as well as a boyfriend, but only one of these things is part of the story.

In the film's most evocative scene, Kayla, alone in her room, drifts into the online world to the nigh-rapturous strains of Enya's "Orinoco Flow." It's anachronistic and perfect because of that: What she's doing is the same kind of escape angsty adolescents have craved for ages. Get me out of here! Get me over there. *Eighth Grade* sometimes ducks the hardest parts of its own story, but Burnham's grasp on the agonizing uncertainty of not knowing who you are or where you belong is undeniable — and so is the hope he leaves us with: Kayla will figure it out. (*Broadway Metro, Cinemark*)

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BEST KOMBUCHA

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BEST HANGOVER BREAKFAST

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BEST LOCAL FOOD MARKET

BEST VETERINARIAN

BEST HAIR STYLIST

BEST BIKE SHOP

BEST DISPENSARY

BEST BUDTENDER

BEST WEED EDIBLES SELECTION

BASIC RULES: This is the nomination round. It will be followed by a STAR voting ranked preference runoff round.

You may only vote once in each round. We will only count your vote if you fill in 10 or more categories and provide contact info. Businesses cannot collect ballots and give them to us in batches. Photocopied ballots are not accepted. This contest is limited to local and locally based people and institutions. Have fun!

Nominations end on Sunday, September 2, 2018

NAME:

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Mail or drop off ballots at Eugene Weekly - 1251 Lincoln St. • Eugene OR 97401
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MUSIC LISTINGS

THURSDAY 8/9

5TH STREET PUBLIC MARKET

RiccieG & Ma Beat—6pm; n/c

AXE & FIDDLE Digisaurus—9pm; n/c

B&B LOUNGE Karaoke—9:30pm; n/c

BEALL CONCERT HALL Beta Percussion Concert Series Michael Burritt & friends—8pm; n/c

BEARGARDEN. Era Coda—7:30pm; n/c

COWFISH '90s Night!—9pm; n/c

DEXTER LAKE CLUB Karaoke w/Jared—9pm; n/c

HI-FI LOUNGE River Whyess—8pm; \$15-18

LUCKEY'S Grateful Dead Family Jam—10pm; \$3

MAC'S NIGHTCLUB & RESTAURANT Daddy Rabbit—7pm; n/c

MCHANE'S BAR & GRILL Acoustic Underground Open Mic—7:30pm; n/c

MULLIGAN'S PUB Karaoke—9pm; n/c

OVERTIME BAR & GRILL Westside Blues Jam w/Dave Roberts—7pm; n/c

SAM BOND'S BREWING The Heart Hunters w/Dan Lavoie—8pm; n/c

SAM BOND'S GARAGE Brother Brothers, Whopper County Country—9:00 pm; \$5

SEASONS BAR & GRILL Karaoke

w/ Sassy Patty—8pm; n/c
TERRITORIAL VINEYARDS El Borko—7pm; n/c

THE BARNLIGHT Karaoke—7:30pm; n/c

THE DRAKE BAR Flashback Drag Takeover—10:30pm; n/c

THE SHEDD OFAM 2018: "La vie en rose"—1:30pm; \$25; "Centerpiece"—8pm; \$25

WOW HALL Kikagaku Moyo, Wand, Teton—8pm; \$12-15

FRIDAY 8/10

BEALL CONCERT HALL Beta Percussion Concert Series Rising Stars Marathon Concert—8pm; n/c

BLAIRALLY Church of the '80s Night—9:30pm; DJ, \$3

BRONCO SALOON Karaoke w/Lindsey—9pm; n/c

CRESWELL COFFEE The Traceys—7pm; \$4

DOC'S PAD Karaoke w/KJ Power—9pm; n/c

DRIFTWOOD BAR Karaoke w/Slick Nick—9pm; n/c

EL TAPATIO CANTINA Karaoke w/KJ Rick—9pm; n/c

HAPPY HOURS The Blueshades Band—8:30pm; n/c

HI-FI LOUNGE The Dimly Lit with Star Over Blue, and Fools opening—9pm; \$5

JAZZ STATION Caroline Davis with George Colligan—7:30pm; \$15

JERSEY'S Karaoke w/Sassy Patty—9pm; n/c

MAC'S NIGHTCLUB & RESTAURANT Hank Shreve Band CD Release Party—8pm; \$8

MOE'S TAVERN Barbara Dzuro Jass Duo (Piano/Bass)—6pm; n/c

OLD NICK'S PUB Flossless Presents: Eight Bells, Ninth Moon Black & Felled—9pm; \$8

OREGON WINE LAB Robert Meade—7pm; n/c

PUBLIC HOUSE The Stringbreakers—7:30pm; n/c

RIVERSTOP RESTAURANT Guilty Pleasures—8:30pm; n/c

SAGINAW VINEYARDS The Mike Davis Band—6pm; n/c

SAM BOND'S BREWING Rambling Robert Paslay & Friends—7pm; n/c

TERROTORIAL VINEYARDS Spencer Doidge & friends—7pm; n/c

THE CIDER HOUSE Trio Feat, Amy Jones—5:30pm; n/c

WOW HALL Chxpo, R3X Wonders, Cyberdrip\$, Cvsket, Kennismynname, Nofvce—8pm; \$12-15

SATURDAY 8/11

AXE & FIDDLE Earl's Poorhouse Millionaires, Midnight Darlins, 8:30pm, free—8:30pm; n/c

BREW & CUE Sassy Patty, BTM Karaoke—9pm; n/c

CUTHBERT AMPHITHEATER Global Dud Festival—4:30pm; \$46-71

DOC'S PAD Karaoke w/KJ Power—9pm; n/c

DRIFTWOOD BAR Karaoke w/Slick Nick—9pm; n/c

HI-FI LOUNGE Left On Wilson: JRAD After-Party Late Show—10:30pm; \$5

MCDONALD THEATER Joe Russo's almost dead—8pm; \$43.50

MOE'S TAVERN Barbara Dzuro Jass Duo (Piano/Bass), 6pm; n/c

MOHAWK TAVERN Live Music w/PikSix—10pm; n/c

OLD NICK'S Ghost House!—9pm; \$3

SAM BOND'S GARAGE A Benefit for David Wilson! Llorona, Flamenco ChicoAmericana Meets Mexican Ghost Stories—9:30 pm; \$10

SATURDAY MARKET 10 a.m.

Randal Larson.; 11am Jill Ledet noon; Lea Jones 1pm; The Dirty Dandelions. 2pm; Temple Under the Stars 3:30; Dennis Smith Project, n/c

SPECTRUM Unveiled and Friends Present: Pride After Party—8pm; \$6

THE SHEDD OFAM 2018: "Live From The Emerald Palace"—1:30pm; \$25; "The Heart and Soul of Frank Loesser"—8pm; \$25

WHITE HORSE SALOON Karaoke w/Sarah—9pm; n/c

SUNDAY 8/12

AGATE ALLEY BISTRO Karaoke w/Breezy Bee—9pm; n/c

AXE & FIDDLE Alyssa Hankey, Corey Hurtz—8pm; n/c

CUSH CAFE Open Mic—2pm; n/c

MOHAWK TAVERN Karaoke w/Caught in the Act—9pm; n/c

MULLIGAN'S PUB Open mic—8:30pm; variety, n/c

THE CIDER HOUSE Dan Mahoney—4pm; n/c

THE DRAKE Karaoke—9pm; n/c

THE EMBERS Karaoke w/Sassy Patty—7pm; n/c

THE RIVER STOP Open Sunday Jam—6pm; n/c

WASHBURN PARK CONCERTS Klezmonauts—6:30pm; n/c

WEBFOOT Karaoke w/KJ Power—9pm; n/c

MONDAY 8/13

AXE & FIDDLE TOM Brosseau, Tomo Nakayama, Oono Yuuki—8pm; \$10

CENTENNIAL STEAKHOUSE Karaoke w/Crystal Harmony & Makada—9pm; n/c

COWFISH Motown Monday w/DJ Kingsley Strangelove—9pm; soul, n/c

FIRST NATIONAL TAPHOUSE Open Mic—8pm; n/c

OLD NICK'S PUB Service Industry Night & Irish Jam—9pm; n/c

SAM BOND'S GARAGE Richard Crandall & Friends—8pm; n/c

THE DRAKE Tippy Toppies—10pm; n/c

THE EMBERS Sassy Patty Karaoke w/Marcus—7pm; n/c

TUESDAY 8/14

5TH STREET CORNUCOPIA Jesse Meade w/Girin Guha—9:30-11:30pm; n/c

AXE & FIDDLE TNT Trivia—8pm; n/c

CUSH Poetry Open Mic—7:30pm; n/c

DEXTER LAKE CLUB Acoustic Night on Taco Tuesdays—6pm; n/c

HI-FI HALL Reggae at Hi-Fi Music Hall—9pm; n/c

LEVEL UP Karaoke w/Kade—9pm; n/c

LUCKEY'S Amusedays w/ Chaz Logan Hyde—10pm; \$1

MAX'S Classic Crooner Productions—10pm; karaoke, n/c

MAC'S NIGHTCLUB AND RESTAURANT Roosters Blues Jam—7pm; n/c

O BAR Karaoke w/Jared—9pm; n/c

OLD NICK'S PUB Tequila Tuesday! Chilindria, New Violet, & Novacane—9pm; \$5

ROARING RAPIDS The Joe Manis Quartet—7pm; n/c

SAM BOND'S GARAGE Bluegrass Jam—9pm; n/c

THE EMBERS DJ Victor—8pm; current hits, standards, requests, n/c

WHITE HORSE SALOON Karaoke w/Slick Nick—9pm; n/c

WEDNESDAY 8/15

BREW & CUE Crystal Harmony Karaoke—9pm; n/c

COWFISH Local DJ Review—9pm; n/c

DRAKE BAR DJ Qamron Crooks—10pm; n/c

HI-FI MUSIC HALL Funk Jam, 10pm; n/c

ISLAND PARK Rock n' Rewind—6:30pm; n/c

JAZZ STATION Jammin' w/ the



THE JEAN JEANIE

Nashville musician **Olivia Jean** believes in ghosts. In fact, she'd like to think she's seen one.

"It was probably just a spot on my contact lens," she jokes over the phone.

What is for sure is she loves scary movies and watches TV shows like *Ghost Hunters* on a daily basis.

This interest in the supernatural fits nicely with Jean's somewhat gothic, somewhat vintage-shop sound and aesthetic. Think swinging '60s garage rock delivered on the edge of a switchblade, with an epic bouffant that would make John Waters fall to his knees in awe.

Back in 2014 with her band The Black Belles, Jean released *Bathtub Love Killings* on Jack White's Third Man record label. Reaching that level of the music business, with its notorious dark side, shook Jean up, so she took a break.

"It's such a rollercoaster ride, the music business," she explains. "I was kind of in a dark place with music. My entire life I've been playing. You really have to learn how to cope with this new generation of technology where people can really tear you down."

The itch to make music every day never left.

"I snapped out of it. Why am I not playing music?" she asked herself. "I've wasted so much time not doing what I love to do. Why am I letting other people control me and my music? I have pretty thick skin these days."

Jean grew up in Detroit and says the city's garage rock legacy has had an influence on her.

"When you're into rock 'n' roll in Detroit you're surrounded by the garage rock scene," she recalls. "I would hang out with older musicians, they would show me albums I should listen to. I got into surf via B-52s. I was 7 when I got my guitar. I was in my first band when I was 8. We knew the fret markers."

Jean says her new material shows her love of classic surf rock and pop punk.

"I've always wanted to do surf music," she adds. "It never turns out that way. I keep adding stuff. Where's the surf? It's gone?" Jean also wrote all the music and played all the instruments for her upcoming release, which is still without a label.

"A lot of the music is explaining a situation," she says, "not getting in-depth with the story. Anger, sadness, depression—that's what gets me going."

For now, Jean's back on the road with a few opening slots for Jack White in Portland, Seattle and Vancouver, B.C. She's warming up with a headlining date at Luckey's downtown, Eugene's older bar. Let's hope she sees a ghost.

Olivia Jean plays Luckey's with Eugene rockabilly band **Real Gone Trio** 10 pm Friday, Aug. 10; \$7, 21-plus. —Will Kennedy

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SU Celtic Jam Session—3:30pm; n/c
MO Bryson Skaar—7pm; n/c
TU Celtic Jam—7pm; n/c

WHYLESS

With songs like "Failing Farm" and "War is Kind," *Kindness, a Rebel* — the latest release from Asheville, North Carolina's **River Whyless** — is in many ways about our current moment as a country. Even the album title refers to the idea that when things are at their hardest, simple kindness can be the most difficult yet effective form of resistance.

To this end, drummer Alex McWalters tells me touring behind the new release has helped the musicians step outside the echo chamber of most contemporary political discourse.

"You realize we have much more in common," he says, than most media would lead us to believe.

Kindness, however, isn't just about politics. "Another Shitty Party," sung by vocalist Halli Anderson, is about just what the title implies. With album production credit going to Paul Butler, McWalters says the four-piece band, who all met in college, had a "fifth brain in the studio," adding a new and exciting twist to the band's usual collaborative creative process.

For example, the album's first track, "All of my Friends," was stuck in a rut and almost jettisoned, McWalters recalls, until a pocket piano was introduced and the whole thing "just came back to life."

And the production on the War-on-Drugs-esque tune "Born in the Right Country" is so perfectly cohesive — with an urging tempo, an expansive mood, light synthesizers and a wordless hook sung by Anderson — you'll catch your breath in wonder that something so electric can still be rendered from more or less a guitar, bass and drums arrangement.

Since its release earlier this summer, *Kindness* has earned River Whyless tons of well-deserved exposure, most notably an appearance on NPR's Tiny Desk Concert Series, a significant rite of passage for any band. McWalters calls the experience surreal.

"You have this impression what it's like on the outside looking in," he says. But once on the inside, nerves got to him. "I was blacked out half the time," he jokes.

River Whyless plays with **Adam Torres** 10 pm Thursday, Aug. 9, at Hi-Fi Music Hall Lounge; \$15 advance, \$18 door, 21-plus. — *Will Kennedy*



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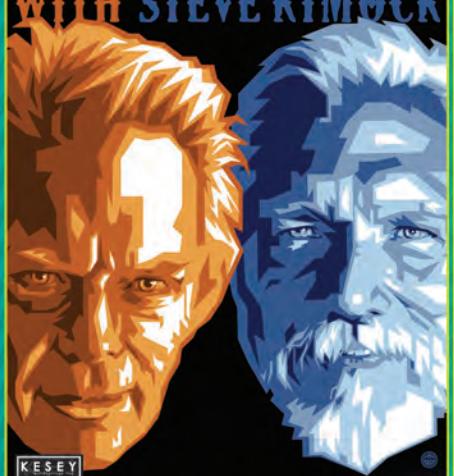


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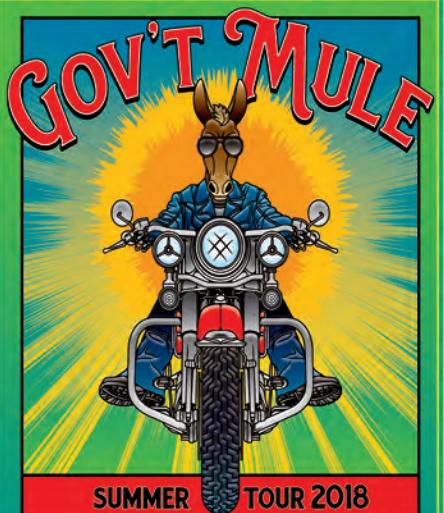
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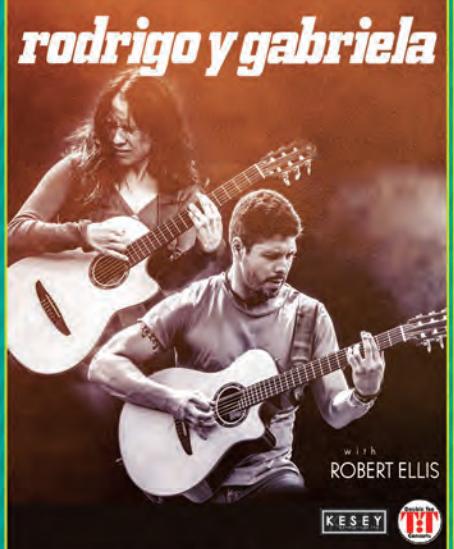
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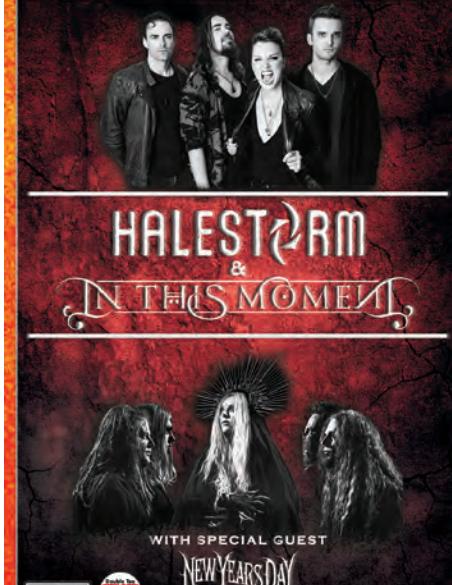
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WATERSHED MOMENTS

Jazz and contemporary percussion liven up Eugene

Tamolitch Pool on the McKenzie River near Blue River is one of our area's most magnificent natural spaces. Its allure inspired Salem-based composer-pianist James Miley's evocative, ambitious new "Watershed Suite," which **Portland Jazz Composers Ensemble** (PJCE) performs in a free show Aug. 16 at (appropriately) Roaring Rapids Pizza Company.

Miley, a Willamette University music professor and Willamette Jazz Collective director, combines classical and jazz influences in a multifaceted work that translates the complex beauty Oregon's watersheds into music performed by PJCE.

One of the state's most valuable music institutions, PJCE features top Portland area performers. It also continuously nurtures both performances and recordings of new, original jazz music compositions by Oregon's finest emerging and accomplished musicians.

On Friday, Aug. 10, at The Jazz Station, you can hear another of the state's most valuable and versatile musicians, who's also a jazz composer/keyboardist/educator, when award-winning pianist, organist, drummer and trumpeter **George Colligan** joins with New York saxophonist **Caroline Davis**. Between them, the pair has performed with most of today's top jazz stars, and Davis has won top rising star awards in both composition and saxophone artistry.

Along with this new jazz, there are a few more chances to catch some jazz classics. This time of year, everything from TV shows to podcasts tend to recycle earlier content while the creators take a break. Even in the age of on demand streaming, this allows those of us who might have missed a gem the first time around — maybe it conflicted with another appealing event — to catch up, and for the musicians to really nail the music the second time around. In fact, I wish we could have *more* reruns, say of Eugene Symphony concerts, where the orchestra invests so much time preparing a concert — only to perform it once on a solitary Thursday.

It's a welcome treat to see The Shedd's **Oregon Festival of American Music** replaying some of its earlier shows for those of us who were traveling or camping or otherwise enjoying Oregon's summer before the smoke descended.

Thursday afternoon's show, Aug. 9, reprises Shedd stalwart and OFAM artistic director **Vicki Brabham**'s jazz piano improvisations on American Songbook standards like "What Is This Thing Called Love?," "September Song," "Send In The Clowns" and more.

At Thursday night's concert, chanteuse **Siri Vik** returns with a chamber jazz quintet (including cello and violin) in mid-century Euro-standards made famous by French chanteuse Édith Piaf, including "The Windmills Of My Mind," "Just a Gigolo," and of course "La Vie en Rose."

Vik returns on vocals (in English this time) for Friday night's concert featuring one of jazz's greatest living vibes masters, **Chuck Redd**. She leads a quintet, including young Oregon trumpet titan **Tony Glausi** and guitarist **Howard Alden**, in songs made famous by Frank Sinatra and Count Basie: "Where Or When," "One For My Baby," "Luck be A Lady," "I've Got You Under My Skin" and more.

Saturday's matinee nostalgia trip, Aug. 11, is more than a concert, taking the form of one of the old TV variety shows. Vik and **Michael Stone** lead a jazz combo in tunes like "The Lady Is A Tramp," "Days Of Wine And Roses" and more — and leavening the tunes with comedy, skits and other fun foolishness thanks to singer-actors like **Bill Hulings** and **Ian Whitcomb**. This year's festival closes Saturday night when Brabham leads a quintet of singers and a decet in a celebration of music by *Guys and Dolls* songwriter Frank Loesser, who also wrote so many other classics: "Baby, It's Cold Outside," "If I Were A Bell," "Two Sleepy People" and more.

If you like Chuck Redd, there's more melodic percussion in store at the first **Beta Percussion International Institute**, which concludes this weekend at the UO's Beall Concert Hall. Award winning master marimbist **Eriko Daimo** joins other marimba masters in Thursday's concert tribute, Aug. 9, to one of today's most acclaimed percussion composers, **Michael Burritt**, who heads the percussion department at the renowned Eastman School of Music and even designs mallets.

Hearing Burritt is the percussion equivalent of getting a ticket to a Joshua Bell recital, but he's not just about flash and virtuosity. Burritt's soft touch can make the marimba whisper and coo as well as shout. In fact, other composers have written for and dedicated percussion music to him. The concert features some of those works, like Alejandro Viñao's "Burritt Variations" as well Burritt's own hits, such as the evocative "White Pines," delicately dreamy "The Islands," and the recent "Sweet Dreams and Time Machines."

Friday afternoon's closing Student Marathon concert at Beall, Aug. 10, features new music (some written during the institute) performed by rising young percussion stars from the U.S., Hong Kong, China, Japan, Taiwan, Philippines, Austria and Venezuela. ■



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MINORITY VOICES THEATRE

Local theater project looks to confront Eugene's diversity issues

Local theater directors Carol Dennis and Stanley Coleman had been churning around the idea of a diverse project for about six years after noticing a lack of diversity in Eugene and its reflection in the theater communities they were a part of.

"I grew up in Miami," Dennis says. "I spent my 20s in New York City doing theater, and my 30s in Los Angeles doing theater. When I came up here for life situations, I wanted to do theater up here, and I realized just how white it is here, how small the communities of color are."

She and Coleman founded Minority Voices Theatre in 2017 to shake up the complexion of theater in Eugene.

Local theaters were not doing their best to reach out to minority groups to try to involve them, Dennis says.

"I also noticed the local theaters in town weren't doing plays that represented marginalized or minority communities," she says. "When I asked, I was often told that there weren't the actors here."

Coleman says he was excited by the opportunity when Dennis called on him.

"I'd come to a community where I didn't see very many people like me," he says. "I thought that this was a great opportunity to reach out to these other people and try to get them involved in theater in this community."

The two directors knew it would be difficult to get people with little stage time to be a part of the project, but they still wanted to create community-oriented spaces for



THE WHIPPING MAN AT VLT IN 2018 WITH (FROM LEFT) MATHEW ARSCOTT, DAWAUN LAWLER AND STANLEY COLEMAN

people to gain acting experience.

"The intention is to produce staged readings of plays that our local theater companies don't think they can produce because they think they don't have the actors," Dennis says. "It's a small commitment. It's not a high bar to jump over for folks that might not consider themselves actors."

After first being based in Dennis' living room, she says, the group brought their project to the Very Little Theatre, where Dennis and Coleman are both members.

"The VLT is a real community theater where all are welcome," she says.

VLT is one of the oldest continuously running community theaters in the country. According to Dennis, it is only beaten by a few weeks by a theater in New England. VLT's excitement about Minority Voices Theatre shows that, going forward, it will be focused on inclusivity for the whole community, she says.

"It's really hard to see when you've had a blind spot. In Eugene, it's especially hard to see. The board and the membership here just kind of opened their eyes," Dennis says. "This is where I felt that this idea was welcomed."

Minority Voices Theatre also partners with local organizations.

"Every play that we've done, we find a community partner that serves and advocates for the community that's represented in the play, and they get part of the door, part of the ticket sales," Dennis says.

For example, when MVT produced the play *Vita and Virginia*, about the romance between Virginia Woolf and Vita Sackville-West, about \$500 of the box office went to Soromundi: Lesbian Chorus of Eugene.

MVT's goal is to highlight the diversity that is present in Eugene while creating spaces where people feel safe and welcome. Dennis wants it to affect other local theaters by broadening the sort of productions they can produce, which could go on to help audience members understand issues surrounding marginalized communities. Dennis says she wants to "build the bench of actors in this community that all the theaters can use who don't all look like me."

"It's really easy to say 'Our auditions are open to everyone, they just don't come!' But when you're part of a marginalized or minority community, you don't always feel welcome to come unless you've been invited," Dennis says. "I think that's what Minority Voices Theatre is saying is, you're invited."

Upcoming performances from Minority Voices Theatre include We Are Neighbors and Pilgrims Musa and Sheri in the New World, happening later this year and in 2019. More information can be found at minorityvoicestheatre.org.

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IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY PROBATE DEPARTMENT: In the Matter of the Estate of BILLIE PATRICIA RANEY, Decedent. Case No. 18PB05292. NOTICE TO INTERESTED PERSONS: NOTICE IS HEREBY GIVEN that Scott F. Raney has been appointed personal representative. All persons having claims against the estate are required to present them, with vouchers attached, to the personal representative at the law office of Bassinger & Harvey, attn: Scott G. Bassinger, 1200 Executive Parkway, Suite 320, Eugene, Oregon 97401 within four months after the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court, the personal representative or the attorneys for the personal representative, Scott G. Bassinger, Bassinger & Harvey 1200 Executive Parkway, Suite 320, Eugene, Oregon 97401. DATE AND FIRST PUBLISH: AUGUST 9TH, 2018. Personal Representative: Scott F. Raney, 2760 Garson Lane Springfield, Oregon 97477 Telephone: 541-968-9088. Attorney for Personal Representative: Scott G. Bassinger, OSB # 920285 Bassinger & Harvey 1200 Executive Parkway, Suite 320, Eugene, Oregon 97401 Telephone: 541-687-8700 Fax: 541-687-8701 scott@bassingerharveylaw.com

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY, Probate Department. In the Matter of the Estate of Margaret L. "Trudee" Kuykendall, Deceased. Case No. 18PB05328. NOTICE TO INTERESTED PERSONS: NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative. All persons having claims against the estate are required to present them, with vouchers attached, to the undersigned Personal Representative at 767 Willamette Street, Suite 302, Eugene, Oregon 97401, within four months after the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the Court, the personal representative or the attorney for the personal representative. DATE OF FIRST PUBLICATION: AUGUST 2, 2018. PERSONAL REPRESENTATIVE: Heather Anne Farrar 88955 Lois Lane, Elmira, OR 97437 ATTORNEY FOR PERS. REP.: Tami S.P. Beach, 1184 Olive Street, Eugene, OR 97401

NOTICE OF FORECLOSURE SALE; LANDLORD'S LIEN: At 10:00 am, August 27, 2018, Leon & Mary Jane Herbert Co. LLC will foreclose its landlord's lien upon the Property described below by selling the same as a lot at public auction to the highest bidder for cash, as-is, where-is, at 2513 West 11th Avenue, Eugene, Lane

County, Oregon: 6 dining tables, 42 chairs, 30+ paintings and wall art, 41" TV, 21 stainless steel trays, 13 serving/dinner trays, 8' ladder, approx. 16 misc. plastic bins, super sealer, Vitamix blender, 6' ice machine, fountain drink dispenser, 4' refrigerated sandwich station, gas oven w/ stovetop grill, gas imperial wok ranges, gas deep dryer, 2 microwaves, 4' stainless sink, high temp dishwasher, 4 dishwasher racks, 5 upright refrigerators/freezers, meat slicer, 2 Hobart meat grinders, under counter refrigerator w/ 2 doors, 7' shelving racks, 5 wire racks, approx. 130 tea cups & 45 tea pots, approx. 350+ misc. bowls eating/serving/mixing, 150+ plates, 70 saucers, 40+ glasses, approx. 15 misc. stainless pots/pans, approx. 180 misc. platters, misc. stockpots and other items associated with a Chinese restaurant. The owner or reputed owner of the Property is Apex Enterprises LLC and Yaocheng Gao. Amount due on lien is \$19,781.41 plus costs of sale.

Personal Representative, or the attorney for the Personal Representative, John C. Fisher. DATED AND FIRST PUBLISHED ON JULY 26, 2018. /s/ John C. Fisher, Personal Representative.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY: Case No. 17PB07412 NOTICE TO INTERESTED PERSONS in the matter of the Estate of Richard John Christensen, Deceased. NOTICE IS HEREBY GIVEN that Ronald L. Sperry III has qualified and been appointed as the Personal Representative of the estate. All persons having claims against the estate are hereby required to present them, with proper vouchers, within four months after the date of first publication of this notice, as stated below, to the Personal Representative, Ronald L. Sperry III, c/o DC Law, McKinney & Sperry, PC, P.O. Box 1265, Roseburg, OR 97470, or the claims may be barred. DATED AND FIRST PUBLISHED THIS 26TH DAY OF JULY, 2018. Personal Representative: Ronald L. Sperry III, OSB #091525 DC Law McKinney & Sperry PC PO Box 1265 Roseburg, OR 97470. Telephone: 541-673-4451 Fax: 541-673-1202

I SAW YOU
I MISS YOU WHEN YOU'RE GONE. Remember — We'll kiss when we see a shooting star!

LOOK, A SHOOTING STAR! It's clearly a lake, to enjoy grand kids. What a month for humor.

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Place numbers 1-9 so that each row, column and 3x3 square has each number only once. There is only one solution. Good Luck! Stumped? Visit sudokuplace.com for a puzzle solver.

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JONESIN' CROSSWORD

BY MATT JONES ©2018 Jonesin' Crosswords (editor@jonesincrosswords.com)

ACROSS

- 1 Worker's compensation
- 5 "M*A*S*H" actress Loretta Wilson of "The Office"
- 14 Have _____ in the oven (be preppers)
- 15 "What _____ God wrought" (first official Morse code message)
- 16 Muppet wearing a horizontally striped shirt
- 17 2000 movie with the quote "What we do in life echoes in eternity"
- 18 Box lunch?
- 20 Relative that might be "once removed"
- 21
- 22
- 23 Removed
- 24 Mustard sometimes mixed with mayo
- 25 "Out of the Cellar" glam rockers
- 26 _____-de-France (Paris's region)
- 27 Present-day
- 28 Honorable for landmarks like the Great Wall of China, Taj Mahal, or Empire State Building
- 29 Lunar cycle segment
- 30 Tail movements
- 31 Skilled
- 32 Burrito bar side, for short
- 33 Prefix with plasm
- 34 Color for rolls of dimes
- 35 Colorful cousins
- 36 Look after
- 37 "Was _____ harsh?"
- 38 "No _____ Traffic"
- 39 _____ (Martian volcano)
- 40 Come together
- 41 90 degrees from norte
- 42 Intuitive power
- 43 "Don't change"
- 44 Suffix similar to -let
- 45 Painters' mediums
- 46 Lunar cycle segment
- 47 Present-day
- 48 Act like an old-timey suitor
- 49 Honorific for landmarks like the Great Wall of China, Taj Mahal, or Empire State Building
- 50 "Underdale" character named for a derided font
- 51 Lou Gehrig's nickname, with "The"
- 52 Appellation
- 53 Johnny of "Fantastic Beasts: The Crimes of Grindelwald"
- 54 Color for rolls of dimes
- 55 Color for rolls of dimes
- 56 Color for rolls of dimes
- 57 Color for rolls of dimes
- 58 Cable movie channel owned by Lionsgate since 2016
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"Even Chances"

--the odd one's out.



FREE WILL ASTROLOGY

BY ROB BREZSNY

ARIES (March 21-April 19): Palestinian American writer Susan Abulhawa writes that in the Arab world, to say a mere "thank you" is regarded as spiritless and ungenerous. The point of communicating gratitude is to light up with lively and expressive emotions that respond in kind to the kindness bestowed. For instance, a recipient may exclaim, "May Allah bless the hands that give me this blessing," or "Beauty is in the eyes that find me beautiful." In accordance with current astrological omens, I propose that you experiment with this approach. Be specific in your praise. Be exact in your appreciation. Acknowledge the unique mood and meaning of each rich exchange.

TAURUS (April 20-May 20): According to my analysis of the astrological omens, you need this advice from mythologist Joseph Campbell: "Your sacred space is where you can find yourself again and again." He says it's "a rescue land ... some field of action where there is a spring of ambrosia — a joy that comes from inside, not something external that puts joy into you — a place that lets you experience your own will and your own intention and your own wish." Do you have such a place, Taurus? If not, now is a great time to find one. If you do, now is a great time to go there for a spell and renew the hell out of yourself.

GEMINI (May 21-June 20): When he was 20 years old, future U.S. President Thomas Jefferson had an awkward encounter with a young woman who piqued his interest. He was embarrassed by the gracelessness he displayed. For two days afterward, he endured a terrible headache. We might speculate that it was a psychosomatic reaction. I bring this up because I'm wondering if your emotions are also trying to send coded messages to you via your body. Are you aware of unusual symptoms or mysterious sensations? See if you can trace them back to their source in your soul.

CANCER (June 21-July 22): There's a zone in your psyche where selfishness overlaps generosity, where the line between being emotionally manipulative and gracefully magnanimous almost disappears. With both hope and trepidation for the people in your life, I advise you to hang out in that grey area for now. Yes, it's a risk. You could end up finessing people mostly for your own good and making them think it's mostly for their own good. But the more likely outcome is that you will employ ethical abracadabra to bring out the best in others, even as you get what you want, too.

LEO (July 23-Aug. 22): You probably gaze at the sky enough to realize when there's a full moon. But you may not monitor the heavenly cycles closely enough to tune in to the new moon, that phase each month when the lunar orb is invisible. We astrologers regard it as a ripe time to formulate fresh intentions. We understand it to be a propitious moment to plant metaphorical seeds for the desires you want to fulfill in the coming four weeks. When this phenomenon happens during the astrological month of Leo, the potency is intensified for you. Your next appointment with this holiday is Aug. 10 and 11.

VIRGO (Aug. 23-Sept. 22): In her poem "Dogfish," Virgo poet Mary Oliver writes, "I wanted the past to go away, I wanted to leave it." Why? Because she wanted her life "to open like a hinge, like a wing." I'm happy to tell you, Virgo, that you now have more power than usual to make your past go away. I'm also pleased to speculate that as you perform this service for yourself, you'll be skillful enough to preserve the parts of your past that inspire you, even as you shrink and neutralize memories that drain you. In response to this good work, I bet your life will open like a hinge, like a wing — no later than your birthday and most likely before that.

LIBRA (Sept. 23-Oct. 22): Libran fashion writer Diana Vreeland (1903-1989) championed the beauty of the strong nose. She didn't approve of women wanting to look like "piglets and kittens." If she were alive today, she'd be pleased that nose jobs in the U.S. have declined 43 percent since 2000. According to journalist Madeleine Schwartz writing in Garage magazine, historians of rhinoplasty say there has been a revival of appreciation for the distinctive character revealed in an unaltered nose. I propose, Libra, that in accordance with current astrological omens, we extrapolate some even bigger inspiration from that marvelous fact. The coming weeks will be an excellent time for you to celebrate and honor and express pride in your idiosyncratic natural magnificence.

SCORPIO (Oct. 23-Nov. 21): "Maybe happiness is this: not feeling like you should be elsewhere, doing something else, being someone else." This definition, articulated by author Isaac Asimov, will be an excellent fit for you between now and Sept. 20. I suspect you'll be unusually likely to feel at peace with yourself and at home in the world. I don't mean to imply that every event will make you cheerful and calm. What I'm saying is that you will have an extraordinary capacity to make clear decisions based on accurate appraisals of what's best for you.

SAGITTARIUS (Nov. 22-Dec. 21): I've compiled a list of new blessings you need and deserve during the next 14 months. To the best of my ability, I will assist you to procure them. Here they are: a practical freedom song and a mature love song; an exciting plaything and a renaissance of innocence; an evocative new symbol that helps mobilize your evolving desires; escape from the influence of a pest you no longer want to answer to; insights about how to close the gap between the richest and poorest parts of yourself; and the cutting of a knot that has hindered you for years.

CAPRICORN (Dec. 22-Jan. 19): "It has become clear to me that I must either find a willing nurturer to cuddle and nuzzle and whisper sweet truths with me for six hours or else seek sumptuous solace through the aid of eight shots of whiskey." My Capricorn friend Tammuz confided that message to me. I wouldn't be surprised if you were feeling a comparable tug. According to my assessment of the Capricorn zeitgeist, you acutely need the revelations that would become available to you through altered states of emotional intelligence. A lavish whoosh of alcohol might do the trick, but a more reliable and effective method would be through immersions in intricate, affectionate intimacy.

AQUARIUS (Jan. 20-Feb. 18): Not even five percent of the world's population lives in a complete democracy. Congratulations to Norway, Canada, Australia, Finland, Ireland, Iceland, Denmark, New Zealand, Switzerland and Sweden. Sadly, three countries where my column is published — the U.S., Italy and France — are categorized as "flawed democracies." Yet they're far better than the authoritarian regimes in China and Russia (Source: The Economist). I offer this public service announcement as a prelude to your homework assignment. According to my astrological analysis, you will personally benefit from working to bring more democracy into your personal sphere. How can you ensure that people you care about feel equal to you and have confidence that you will listen to and consider their needs and believe they have a strong say in shaping your shared experiences?

PISCES (Feb. 19-March 20): Mystic poet Kabir wrote, "The flower blooms for the fruit: when the fruit comes, the flower withers." He was invoking a metaphor to describe his spiritual practice and reward. The hard inner work he did to identify himself with God was the blooming flower that eventually made way for the fruit. The fruit was his conscious, deeply felt union with God. I see this scenario as applicable to your life, Pisces. Should you feel sadness about the flower's withering? It's fine to do so. But the important thing is that you now have the fruit. Celebrate it! Enjoy it!

HOMEWORK If you could make money from doing exactly what you love to do, what would it be? Testify at Freewillastrology.com

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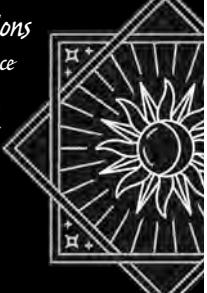
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SAVAGE LOVE

APRÈS PILL,
LE DÉLUGE
BY DAN SAVAGE

I'm a 27-year-old woman living on the East Coast. I've been sexually active and on birth control since I was 16—almost always on the pill. I recently switched to the NuvaRing, which I had a bad reaction to: I had no libido at all and extreme mood swings/bouts of depression I could not live with. My boyfriend and I decided it would be a good idea to go off hormonal birth control for a while, just to see what would happen. We've been together for almost four years, so we agreed condoms would be fine, and I would try the route of no more supplemental hormones. I stopped a couple of months ago, and it's been a mix of good and bad. The good is that my moods are more even. Another good thing is I feel like I'm having a sexual awakening. My libido came back! But the bad thing is... my libido came back in a way I wasn't expecting. My sexual appetite is insane. I want to have sex with everyone! Men, women, friends, colleagues, acquaintances. My boyfriend has been amazing through all of this. He's agreed to let us open up our relationship under specific terms. I agree with the terms we placed, but I still feel like my urges are going to get me in trouble. I know not to have sex with friends and colleagues, but a lot of situations come up that make it hard to resist—especially when alcohol is involved. I'm very good with self-policing, and I don't think I'll actually act on my urges. My question is one you get a lot: Is this normal? Can removing a cocktail of hormones from my life really change me this much? I used to want sex, but now I WANT SEX. I want a lot of it, and it's overwhelming. I don't want to blame it all on the birth control, but I can't help but feel it to be true since it was the only variable in my life that changed in the last couple of months. I want to be faithful to my boyfriend, who has been great and understanding—allowing us to open our relationship to casual encounters with strangers. (Also: No friends, no one we both know, DADT, and no intimacy with anyone—it must be purely sexual/physical.) But I'm feeling sexual connections to so many more people now, and often to people I've known for a while. I see this all as mostly positive, but the adjustment to the new sexual hunger has been strange and difficult to wrap my head around.

Suddenly Horny And Going Gaga Isn't Normal

"I'm so glad to hear this woman sees the increase in her libido as positive," said Dr. Meredith Chivers, an associate professor of psychology at Queen's University, a world-renowned sex researcher, and—I'm proud to say—a frequent guest expert around here. "At the same time, I understand how overwhelming these urges can feel, especially when they are new."

Luckily for you, SHAGGIN, you're with someone who's secure enough to let you feel the fuck out these new feelings. Whether or not you act on them is one thing—DADT agreement or no DADT agreement—but not having to pretend you aren't suddenly interested in fucking men, women, friends, colleagues, and acquaintances is a real gift.

Another example of your good luck? Dr. Chivers is about to give you the Actual Science download on hormonal birth control—complete with qualifications about what we know, what we don't know, and areas that require more research!

"It's difficult to say what is and isn't normal when it comes to the effects of hormonal contraception (HC) on women's sexual interest," said Dr. Chivers. "To my knowledge, researchers have not specifically examined the question of what happens to women's sex drive after stopping HC."

But lots of women have stopped using hormonal contraception for the exact same reason you did, SHAGGIN: worries about how it might be affecting their libido—and there is some indirect evidence that HC can negatively impact a woman's desire for sex.

"The NuvaRing is a combined hormonal contraceptive containing synthetic estrogens and progestins (the same as many birth control pills)," said Dr. Chivers. "HC like the NuvaRing works, in part, by raising and stabilizing progesterone levels throughout the menstrual cycle, which helps to prevent ovulation and implantation."

And it's those stabilized progesterone levels that could be the culprit.

"Progesterone is one of the hormones involved in the menstrual cycle and pregnancy; levels are highest in the week before menstruation [called the luteal phase] and are also high during pregnancy," said Dr. Chivers. "A recent, large-scale study reported that women with higher progesterone—women who weren't using HC—had lower sexual interest, on average. Because using HC is associated with reductions in sexual interest, we could predict that stopping HC, and thus progesterone levels returning to more typical lower levels, could be associated with increases in sexual motivation."

Since you definitely experienced an increase in sexual desire after you removed your NuvaRing and started using condoms, SHAGGIN, Dr. Chivers was comfortable saying... that you definitely experienced an increase in sexual desire and that might be related to going off HC.

"Given that she has been using some form of HC since she became sexually active, my guess is that she's never had the chance to experience her sexuality while naturally cycling," said Dr. Chivers. "Part of her process could be learning about her unmedicated hormonal cycle, her sexuality, and the variations in her sex drive. For example, does her sexual interest fluctuate over her cycle? She might want to consider collecting some data with a cycle tracker app. Flo, Clue, and Period Tracker are among those that my women sex-researcher/educator colleagues recommend. This might help her notice patterns in her libido, attractions, and sexual pleasure—and help her to develop strategies to manage, and perhaps even capitalize on, her sexual desires."

As for your boyfriend, SHAGGIN, and your desire to be faithful to him: So long as you honor the terms of your openness agreement, you are being faithful to him. But check in with him more than once before you fuck someone who isn't him. Because when a partner agrees to open the relationship but then places a long list of restrictions on who you can fuck—a list that excludes most of the people you wanna fuck—that can be a sign your partner doesn't actually want to open the relationship.

The last word goes to Dr. Chivers: Whether you're having fun with others or you decide to remain sexually exclusive with your boyfriend, "Have fun!"

To learn more about Dr. Chivers's research, visit the SageLab website (queensu.ca/psychology/sexuality-and-gender-lab) and follow her on Twitter @DrMLChivers.

I'm part of a nonhierarchical polycule. In a few months, one of my girlfriends will be marrying her fiancée. I'll be attending as a guest with my other girlfriend. What are the guidelines or expectations for purchasing a gift for your girlfriend's wedding? Surprisingly, the other advice columnists don't have guidance on this one.

Wedding Etiquette Dilemma

Get the couple something nice, something you can afford, maybe something from their gift registry. Or give them a card with a check in it so they can spend the money on whatever they might need for their household or use it to cover the expense of the wedding itself. In short, WED, wedding-gift guidelines are the same for people in nonhierarchical polycules as they are for love-muggle monoculars. I'm not slamming the poly thing for overprocessing and overthinking—most people process (aka communicate) too little, and it's often better to overthink than to under-think or not-think—but not everything needs to be dumped into the poly processor and pureed. Congrats to your girlfriend (the one who's getting married) and her fiancée!

On the Lovecast, the kink phenomenon of "sub drop": savagecast.com.

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Get the couple something nice, something you can afford, maybe something from their gift registry. Or give them a card with a check in it so they can spend the money on whatever they might need for their household or use it to cover the expense of the wedding itself. In short, WED, wedding-gift guidelines are the same for people in nonhierarchical polycules as they are for love-muggle monoculars. I'm not slamming the poly thing for overprocessing and overthinking—most people process (aka communicate) too little, and it's often better to overthink than to under-think or not-think—but not everything needs to be dumped into the poly processor and pureed. Congrats to your girlfriend (the one who's getting married) and her fiancée!

On the Lovecast, the kink phenomenon of "sub drop": savagecast.com.



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